



Saman Shri Shrutpragyaji

◆ Spiritual Guide ◆ Author ◆ Educationist

Peace of Mind Foundation

'Abhavalay', Vinayak Vatika,
Opp. Madhpar bus stop, Jamnager Road,
Rajkot-360006. Gujarat, India.

Mobile # +91 9427366164

Email: pomyc.org@gmail.com

Website: www.pomyc.org

May 2023

Khad Murhat for Bhojnalay in Purusharth School: Bhanvad

April 10, 2023

With the Blessing of Samanji Shrutpragyaji and the kindness of an anonymous donor, construction of a new, modern Bhojnalay has started. In the presence of Samanji and Bhimsi bhai we enjoyed *Khad Muhrat Pooja*. It will be ready within the next four months. It will also mean that girls who dwell in the hostel will have a clean and much improved facility for the enjoyment of healthy and hygienic food, as well as a new beautiful environment to dine.



Satsang and Meditation at Abhavalay

April 17, 2023

Meditator *Vikas Jain* (known for the practice of deep meditation and a true Dhyani Sadhak) along with *Vaibhavshreeji* visited Abhavalay and spent some four hours at the Peace of Mind Foundation center. We all had a wonderful satsang together there and did meditation. A number of other invited guests from Rajkot attended the event too.



Samanji's 2023 USA Dharmayatra Schedule

Samanji Shrutpragyaji is coming to USA for Dharmayatra for around three month, He will also visiting Vancouver if he will get Canada Visa. He will travel about 15 cities for *Pravachan*, Meditation classes and Personal guidance. Here we publish his schedule.

Samanji's Tentative USA Dharma Yatra Schedule 2023						
#	City name	from Day		to Day2		Contact Name
1	Dubai, AU	23.Apr	Sun	2.May	Tue	Kala Vasant Doshi
2	Fremont, CA	2.May	Tue	3.May	Wed	Dipti Kaishal Dalal
3	Sacramento, CA	4.May	Thu	7.May	Sun	Aparna Rishi Jain
4	San Deigo	8.May	Mon	10.May	Wed	Vinay Talsania
5	Fremont, CA	11.May	Thu	15.May	Mon	Avni Mukesh Shah
6	Dallas, TX	16.May	Tue	18.May	Thu	Sangita Mukesh Patel
7	Cincinnati, OH	19.May	Fri	24.May	Wed	Kalpna Ashwin Parekh
8	Atlanta, GA	25.May	Thu	27.May	Sat	Rashmi Gupta
9	Charlotte, NC	28.May	Sun	30.May	Tue	Rutav
10	Austin, TX	2. Jun	Fri	4.Jun	Sun	Sonal Ketan Shah
11	Amarelo, TX	5.Jun	Mon	7.Jun	Wed	Urmi Praful Bhakta
12	Houston, TX	8.Jun	Thu	10.Jun	Sat	Pratima Parimal Desai
13	Denver, CO	11.Jun	Sun	14.Jun	Wed	Rama Dev Jain
14	New Jersy, NJ	15.Jun	Thu	20.Jun	Tue	Champa Velji Bid
15	Memphis, TN	21.Jun	Wed	25.Jun	Sun	Chanchala Vinay Mehta
16	Vancouver, BC	25.Jun	Sun	4.Jul	Tue	Usha Mahendra Mehta
17	Chicago, IL	5.Jul	Wed	31.Jul	Mon	Dharmi Atul Shah
18	London, UK	3.Aug	Thu	10.Aug	Thu	Graham Dwyer

Upcoming Sacramento (CA) Program Schedule



Spiritual Enrichment Talk by Saman Shri Shrutpragyaji



Where: 10375 Old Placerville Rd,
Sacramento, CA United States 95827

When:

Friday, May 5th 2023:

8pm—9pm: Power of Knowledge (Lecture)

Saturday, May 6th 2023:

10am—11am: Pranayam and Meditation

11am—12.30pm: Power of Knowledge (Lecture)

Sunday, May 7th 2023:

10am—11am: Pranayam and Meditation

11am—12.30pm: Power of Seva (Lecture)

Founder of "Peace of Mind
Foundation" in India and "Peace
of Mind Yogic Center" in USA

About Saman Shri Shrutpragyaji:

A young and charismatic spiritual leader, an avid traveler promoting Spirituality and Jainism by integrating ancient scriptures and modern science, making them easy to understand and apply in daily life. His eloquent speaking style keeps audiences engaged, and his message is pure and simple, making it valuable to all age groups. Samanji makes spiritual knowledge and its core principles accessible in today's world.

Beyond Mind Meditation Shibir with Samanji

BEYOND MIND MEDITATION SHIBIR WITH SAMAN SHRUTPRAGYAJI



Date	Day	Time	Topic
May 12, 2023	Friday	8:00 pm- 8:30 pm	Prayer & Meditation
		8:30 pm- 9:30 pm	Discourse- Why Meditate?
		9:30 pm- 10:00 pm	Samanji Charity Project Update- Purusharth School
May 13, 2023	Saturday	9:30 am- 10:15 am	Prayer & Pranayama
		10:15 am- 11:00 am	Meditation Practice
		11:00 am- Noon	Discourse- How to Meditate?
		Noon- 12:30 pm	Q & A
		12:30 pm- 1:30 pm	Lunch
May 14, 2023	Sunday	9:30 am- 10:15 am	Prayer & Pranayama
		10:15 am- 11:00 am	Meditation Practice
		11:00 am- Noon	Discourse: Before & After Meditation
		Noon- 12:30 pm	Q & A
		12:30 pm- 1:30 pm	Lunch

Location: Avni & Mukesh Shah Residence, 43245 Luzon Drive, Fremont, CA 94539

Shibir Registration: Please send names, cell phone number, and e-mail ID to: mukeshavni@gmail.com. Cost: \$30 per person (to cover lunch)- by check or Venmo: @ Mukesh-Shah-2. **Limited seats available, so please confirm as soon as possible.** Samanji has requested attendance for all sessions, so please sign up only if you are able to attend all 3 days.

For any questions or information, please contact Avni Shah at 510-449-6035 or Mukesh Shah at 510-508-8850

Scholarship Project 2023

In addition to doing a wide range of various charity activities, the Peace of Mind Foundation is pleased to announce that it has continued to provide student scholarships since 2007. Each year now over 250 students, mostly girls, are awarded scholarships, with many of them receiving the full scholarship award. And this is made possible only because of the generous support of our donors.

When a person, family, group or organization makes a donation, the Peace of Mind Foundation sends all the details about the scholarships awarded to all its donors. By doing this, they can then see fully how the scholarships created by their support are given and accounted for.

It should be mentioned here that Purusharth Vidhya Niketan in Bhanvad and Tapovan Vishwa Vidhyala in Ghumali are engaging in progressive, groundbreaking educational and skill training programs for their students. This is one of the reasons also why the Peace of Mind Foundation supports these institutions in particular a great deal, support and much needed help proudly made available by the kindness of donors.





STD 10
BHATIYA SEJAL



STD 10
KARMUR



STD 10
VASARA RIYA



STD 10
SONAGRA YASHVI



STD 10
PIPROTAR DEVANSHI



STD 10
PITHIYA MAHEK



STD 10
VASARA RIYA



STD 10
KARANGIYA SHRUTI



STD 10
SOLANKI DIPALI



STD 10
KARATHIYA MESVA



STD 10
ODEDRA NEHAL



STD 10
MULASHIYA RAJAL



STD 10
JOSHI DEVANSHI



STD 10
KARENA SHANTI



STD 10
KARENA AMRUTA



STD 10
SHIR HITISHA



STD 10
BHANDHIYA RIDDHI



STD 10
AMBALIYA TEJAL



STD 10
JOSHI BANSI



STD 10
JADEJA LAXMI





STD 12
SONAGRA YASHVI



STD 12
NANERA RIDDHI



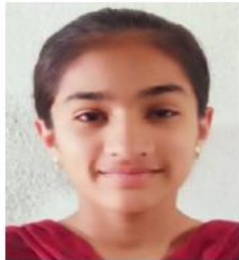
STD 12
SHILU MEGHA



STD 12
JOSHI KHUSHI



STD 12
HINGORA MUNSHA



STD 12
KHAHA MANSI



STD 12
BERA NIRALI



STD 12
JOSHI AVANI



STD 12
BRAI BANSRI



STD 9
JOSHI DRASHTI



STD 9
KARANGIYA MEERA



STD 9
BHATIYA KRISHNA



STD 9
KODIYATAR SHANTI



STD 9
MARDANIYA BHAGYSFRI



STD 9
GOSAI RIDDHI



STD 10
Shivangi Khajuria



College
Mahi Khandol



College
Vijaya Piprotaria



STD 10
Shyam Morjaria



STD 7
KARMUR SAKSHI





STD 8
VAROTARIYA SHRUTI



STD 8
CHETARIYA KRISHNA



STD 9
KARENA SNEHA



STD 9
KHODBHAYA DIVYA



STD 9
KHODBHAYA ROSHNI



STD 9
VARU POOJA



STD 9
SARENA DIXA



STD 11
KARAVADRA TEJAL



STD 11
PIPROTAR DHARMISHTHA



STD 11
KARMUR RUSHI



STD 11
MAKVANA VAIDIKA



STD 11
BHATT HEMANSI



STD 11
KARANGIYA ANJALI



STD 11
UNRANI KARMIN



STD 11
KARAVADRA KRISHNA

Upcoming Program

Samanji Shrutapragyaji Spiritual Program @Cincinnati, OH (in Hindi)

From May 20 & 21, 2023 Samanji will be at Cincinnati, OH for Spiritual Program including Meditation and Discourses. Venue for the program will be Lotus Center, 9145 Cincinnati Columbus Road, West Chester Township, OH 45069

RSVP required for joining the program. For more information please

Contact: Ashwin Parekh 513-256-1041

parekhash@aol.com

Vijay Doshi 513-476-0826 vnopdoshi@gmail.com

Samanji's Spiritual Awareness Program in Austin, TX

Samanji will be visiting Austin, TX from June 2 to 4, 2023. Jain Sangh arranged his discourses and Meditation Classes in Jain Temple@19

Cedar Park. For more information please contact Sonal Shah. Her email is: sonalshah2005@yahoo.com