



Peace of Mind



May - 2022

Peace of Mind Foundation

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March 29-31, 2022

Shubhkaraji Maharaj First Punya Tithi at Sambodhi, Rajasthan

The venue for this auspicious event was Sambodhi Upavan in Rajasthan

In the presence of Pujya Saman Shrutpragyaji (Rajkot) and Avdheshanandji (Surajkund Ashram), the program was comprised of bhakti, dhyana, prayers and pravachans.

The chief guests were Vasantilal Babel, Dashoraji (Kankroli), Bhavarlal Pagariyaji (Udaipur), Mukesh ji Kachhara (Chief of Sambodhi), and Mohinidevi (Surat).

Ayambil Oli : Bistupur, Jamshedpur

April 7 to 15, 2022

Ayambil Oli: Bistupur, Jamshedpur



Every morning during Ayambil Oli, pravachans focused on Navpadji, and every evening pravachans concentrated on 12 Tapas. There was also a celebration of Mavair Janma Kalayanak (Mahavir Swami's Birth Anniversary).

People were very excited to attend all the programs and listen to the pravachans. Samanji visited different houses for gochari, and householders were so happy to serve him. Bharatiben and Bharat bhai Madia showed both enthusiasm and great interest to invite Samanji at Jamshedpur, which was Samanji's first visit there.



April 27, 2022 Inauguration of New Smart Classroom



A new Smart Classroom was opened and was inaugurated by Puya Bhai Shree and Saman Shrutpragyaji along with respected Narottam Palan. All 19 Smart TVs were sponsored by Parulben and Mukesh bhai Kamdar from Austin, Texas (USA).

April 29, 2022 Meditation Seminar at Purusharth School for Teachers



Purusharth School Bhanvad held a meditation seminar for its teachers. All 35 teachers took part in the 10 days Vipashyana camp, which was inspired by Bhimsibhai.

Samanji talked about what Vipashyana is and explained the schedule for it. He also made it clear that, while doing Vipashyana, various issues arise and confront the practitioner, further explaining that awareness without reaction is key to doing it.

Samanji additionally demonstrated the practice of meditation and how to do it correctly for the benefit of the teachers who participated.





Alng



Ambala



Palitana



Lokbharati Sanosara

April 1 – 3, 2022

Lokbharati, Amala and Palitana Visits

A group of Tapovan students along with Samanji, Bhimsi bhai, Hardik bhai and Jesang bhai visited Lokbharati Education Institute. The residencies, school and education system of this prestigious institute are both ancient and traditional. It is very well known and respected throughout Gujarat. Vishal Bhadani kindly arranged all facilities and we who attended were very happy to make this memorable visit. Samanji and Bhimasi bhai gave their blessings in the prayer meeting for the benefit of all students at the institute. Tapovan boys also sang songs there. From here we visited Dakshinamoorti Institute, Amala, which is also highly respected in Gujarat, particularly for the emphasis it gives to value-based education. The hospitality was greatly inspiring for all of us. Samanji blessed the students and staff during the prayer time, and Tapovan Students performed AJANMIKA, a powerful drama. From there we all went on to Palitana and did the Tirth Yatra, going all the way up to Adinath Bhagwan mandir. Then after visiting Alang we came to Rajkot and later returned to the Tapovan.



April 5, 2022

Samanji's Talk to Senior Citizen Jains, Rajkot

Saman Shrutpragyaji was invited by Senior Citizen Jains in Rajkot, where he gave a talk on the nine riches of old age.

Chief of the senior citizen group Mr.Harsukhbhai Tamboli introduced Samanji. Samanji then went on to explain nine ways for every senior citizen to follow in later life for ensuring healthy, happy and spiritual living



APRIL 27, 2022

Parents and Girls Meeting for Selection of Free Hostel Provision at Purusharth School

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Chief of the senior citizen group Mr.Harsukhbhai Tamboli introduced Samanji. Samanji then went on to explain nine ways for every senior citizen to follow in later life for ensuring healthy, happy and spiritual living



Scholarship and Educational Project 2022

The Peace of Mind Foundation provided scholarships for 30 girls at Purusharth School, Bhanvad (including girls hostel fees). The Peace of Mind Foundation has also agreed to construct new toilet facilities for girls at Purusharth School (details are given below). Furthermore, the Peace of Mind Foundation has pledged funds for the development of a study hall as well as rooms for Tapovan students.

Scholarships will equally be provided by the Peace of Mind Foundation for a number of students in Rajkot. (Details for this are also given below.)



GUNJAN M. NANERA



KRISHNA P. GORANIYA



ANJILA J. NOTIYAR



NIDHI R. MORI



MEETA N. GAGALIYA



VIDHI P. JOSHI



PAYAL H. PIPROTAR



TEJAL R. KARAVADRA



SAKSHI S. RATHOD



MAYURI B. KARMUR



Alpa Khunt



Anandi Gadhavi



Arjun Gojia



Arti Gadhavi



Bansi Chavada



Heer Bera



Heer Bera



Darshan Gondalia



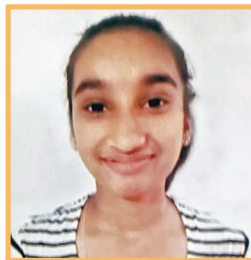
Devansi Joshi



Dharmistha Piprotar



Dipali Solanki



Hirva Bhimbha



Hiteshva Piprotar



Fenny Doshi



Arvee Doshi



Jinal Karangia



Vishwa Karangia



Karangiya Shruti



Shanti Kodyatar



Mahek Bharvadia



Mahek Pidhiya



milan



Mira Karmur



Miral S.



Nandana Gogalia



Neha Sodedara



Nidhi Odedara



Payal Lunaviya



Payal Piprotar



Rajal Mudiasa



Rushika Karmur



Sabbir Abdulla



Sakshi Karmur



Ravi Shekhada



Shyam Om



Tulsi Meramanbhai



Yashvi Ambalia

Generous supporters have donated from all over the globe for the education of children on our lists, giving scholarship funding with heartfelt love. For the list of supporters directly supporting the Peace of Mind Foundation, Rajkot, we are very thankful to all our donors :

01. Deepika Satish Varma: Tennessee, USA

02. Vipin Bhavsar, Iowa, USA

03. Nutan Haresh Shah, Chicago, USA

04. Parul Mukesh Kamdar, Austin, TX: USA

05. Neeta Jaldeep Desai, Las Vegas, USA

06. Varsha Bhavsar, NJ, USA

07. Bharati Kaushik Parikh, Tennessee, USA

08. Mahendra Kusum Shah, Chicago, USA

09. Arvind Shah, Chicago, USA

10. Chanchala Ashok Shah, USA

11. Sonal Sheth Singapore

12. Hemant Kothari, Mumbai

13. Ritu Sanjay Monot, Singapore

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15. Vijay Surpuria, Tennessee, USA

16. Lata Ramnik Zota

17. Kirtibala Shah, Chicago, USA

18. Minal Jayant Shah, Chicago, USA

19. Chavala Sujal Shah, Chicago, USA

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21. Dipali Minesh Amin, Chicago, USA

22. Jagdish Shah and Family, Chicago

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25. Prafull Bhakta, TX, USA

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33. Beena Nilesh Shah, Chicago

34. Smita Piyush Gandhi

35. Hansa Kirti Shah, Chicago

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38. Avni Mukesh Shah, CA, USA

39. Dipti Kaushal Dalal, CA, USA

40. Ajita Sandesara, CA, USA

41. Darshana Rajesh Shah, Chicago

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43. Vasant Shah, Chicago, USA

44. Aruna Pradeep Shah, London

45. Ranjan Pravin Shah, OH, USA

46. Hiten Kamdar, Singapore

47. Kirtida Bharat Mekani, Singapore

48. Gaurav Kapadia, Vancouver, BC

49. Priti Lalji Baxi, Tennessee, USA

50. Darshana Pradip Shah, Chicago

51. Nisha Yogesh Jani, Chicago

52. Rajubhai Sheth, Wichita, KS

53. Naginbhai Doshi, Singapore

54. Ashwinbhai Desai, Singapore



Guru-Shishya Relationship

Extract from :
SamanShrutpragyaji and
Dr Graham Dwyer's
JAIN DHARMA

The guru as the figure of authority in Jainism...takes on a role of utmost responsibility and must be both honest and selfless. Although he is of lower standing on the spiritual platform compared to a tirthankara, nevertheless, as the embodiment of the ideal, he is thought to have gained a flavour of the same supreme knowledge of an emancipated being. For this reason, the path he shows to the shishya through his words and actions and directly through his own example is considered to be...helpful for the disciple's spiritual journey...The personal characteristics...(of the guru) include humility, discipline, strong and sustained power of celibacy, complete faith in Jain dharma...knowledge of scripture and capability to lead the spiritual community...(A)lthough humility is a major characteristic (of) the...(guru), it is also essential in the case of the disciple...if the disciple wishes to gain true self-knowledge and achieve enlightenment. This is the very basis of the relationship between guru and disciple.

According to Jain tradition, the disciple needs the guru in order to progress; and this is because the shishya is understood to be incomplete. Such incompleteness is seen, for example, where the disciple fails to exercise control over his or her sexual urges and other fleshly appetites, and because he or she has not sufficiently mastered emotions such as anger, fear, hatred, greed, jealousy and so on. Also, where the disciple continues to be beset by negativity or succumbs to a negative outlook on life, he or she has great need of help from the guru. The latter provides necessary correction and guides the disciple..., ensuring that the shishya moves on the right path, as well as supporting him or her on that journey. This is an important reason for the relationship between guru and disciple...

Moreover, there are so many...possibilities for the disciple to go astray without the guru's intervention. The disciple is always in danger of being distracted or tempted by worldly pleasures; and it is for this reason too that the guru's leadership is always needed...(W)ithout the guru the disciple cannot attain wisdom and knowledge required to achieve enlightenment...(H)ouseholders or shravakas can and should look for guidance from their...(guru), whatever sect of Jainism to which they belong...Having made this point, however, a common occurrence, particularly in the modern age, involves many shravakas following almost any self-proclaimed spiritual teacher...While it is certainly acceptable to learn from a teacher in any religious organisation or from particular individuals who have gained a reputation for their wisdom or spiritual insight, it is nevertheless not...considered correct from the perspective of orthodox practice. Self-proclaimed gurus may certainly offer messages that are greatly beneficial, but ignoring one's own...(guru) is not sanctioned in Jain tradition. Indeed, in ancient times the Jain laity would typically sit at the feet of their...(guru), listening to his lectures and the lessons he gave, as well as meeting with him whenever the opportunity or need for this arose in order to receive personal instruction... Since the...(guru) is the living representative of the tirthankara, this is prescribed by the religious code and should be recognised as such by all Jains wishing to maintain correct discipline, as well as for them to deepen and enrich their religious lives.

Saman Shrutpragyaji London - Denmark - USA & Canada Trip 2022

| Colu mn1 | City | From | Day | To | Day2 | Contact Name |
|-------------|---------------|--------|-----|--------|------|-----------------|
| 1 | London | 16-Jun | THU | 21-Jun | TUE | Graham Dwyer |
| 2 | Denmark | 22-Jun | WED | 28-Jun | TUE | Ashish Sanghavi |
| 3 | Chicago,IL | 29-Jun | WED | 1-Jul | FRI | Atul Shah |
| 4 | Dallas, TX | 2-Jul | SAT | 4-Jul | MON | Aayush |
| 5 | Dumas, TX | 5-Jul | TUE | 6-Jul | WED | Praful Bhakta |
| 6 | Austin, TX | 7-Jul | THU | 9-Jul | Sat | Shashi Jain |
| 7 | Houston, TX | 10-Jul | Sun | 11-Jul | Mon | Nitin Mehta |
| 8 | Tulsa, OK | 12-Jul | TUE | 13-Jul | Wed | Kanti Shah |
| 9 | Chicago,IL | 12-Jul | Tue | 19-Jul | Wed | Bina Shah |
| 10 | Cincinnati | 20-Jul | Wed | 23-Jul | Sat | Ashwin Parekh |
| 11 | Toronto | 23-Jul | Sat | 24-Jul | Sun | Lalit Pansar |
| 12 | Vancouver | 24-Jul | Sun | 30-Jul | Sat | Mahendra Mehta |
| 13 | Fremont | 31-Jul | Sun | 2-Aug | Tue | Neeta Daulat |
| 14 | Las Vegas | 3-Aug | Wed | 7-Aug | Sun | Avni Shah |
| 15 | Denver | 8-Aug | Mon | 10-Aug | Wed | Dhiraj Soni |
| 16 | Memphis | 11-Aug | THU | 14-Aug | Sun | Chanchala Mehta |
| 17 | Raleigh | 15-Aug | Mon | 16-Aug | Tue | Ramnik Zota |
| 18 | Charlotte, NC | 17-Aug | Wed | 17-Aug | Wed | Madhu Palvia |
| 19 | Greenville | 18-Aug | Thu | 20-Aug | Sat | Surendra Jain |
| 20 | Atlanta | 21-Aug | SUN | 22-Aug | Mon | Kaushik Desai |
| 21 | Chicago,IL | 23-Aug | Tue | 1-Sep | Thu | Atul Shah |
| 22 | Panama | 2-Sep | Fri | 4-Sep | Sun | Jayesh Patel |
| 24 | NJ | 5-Sep | Mon | 7-Sep | WED | Varsha Bhavsar |
| 25 | DC | 8-Sep | Thu | 10-Sep | Sat | Subhash Choxi |
| 26 | Chicago | 11-Sep | SUN | 18-Sep | Sun | Atul Shah |
| 27 | London | 19-Sep | Mon | 8-Oct | Sun | Graham Dwyer |
| 28 | India | 9-Oct | | | | Rakot |

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