

November 2012 Newsletter

Current Events

Memphis, TN: October 31st-November 4th, 2012:

Contact: Chanchala Mehta : Phone : 901-826-2064
For more detail Visit : www.pomyc.org (click on latest news)

Chicago, IL: November 5th-November 11th, 2012:
Mahavirni Antim Deshana Vyakhyan Mala

Venue: Jain Society of Metropolitan Chicago, 435 N Route 59, Bartlett, Illinois 60103, USA
વિષય :

- Day 1. વિનય દદાતિ વિદ્યામ (અધ્યયન - 1)
Day 2. સહન કરો : સફળ બનો (અધ્યયન - 2)
Day 3. પ્રમાદ મૃત્યુ છે (અધ્યયન - 4)
Day 4. સમાધિ મરણની કળા (અધ્યયન - 5)
Day 5. શુષ્ક જ્ઞાન : જડ ક્રિયા (અધ્યયન - 6) Day 6. ત્યાગ ધર્મ: ભોગ અધર્મ (અધ્યયન - 7)

For more details: www.jsmconline.org , Phone: (630) 837-1077

Upcoming Events

Milpitas, CA: November 16th-22nd, 2012:

Venue: 722 South Main Street, Milpitas, CA 95035, Main Phone: 408-262-6242
Weekdays: 8.15pm to 9.45pm Weekend: 8.00 to 9.30am; Preksha Dhyana, 10.30am to 12.00pm – Lectures More Detail: www.jcnc.org

Tulsa, OK: November 24th-28th, 2012:

Venue: Tulsa Jain Sangh, 8707 E. 133rd Place, Bixby, OK 74008,
For more details: email - tjpresident06@yahoo.com

Lubbock, TX: November 29th- December 1st, 2012:

Venue: Varsha and Girish Bhakta's Residence
Contact: 806-292-1282 For more details: www.pomyc.org (click on Latest news)

Wichita, KS: December 2nd-4th, 2012:

Venue: Hindu Temple of Greater Wichita, 320 N. Zelta St., Wichita, Kansas 67206
Contact: 316-744-9755 For more Detail: www.pomyc.org (click on Latest news)

Austin, TX: December 5th-10th, 2012:

Timing: Week days: 7.30pm to 9.00pm, week end – 9.30am to 12.30pm (Yoga Camp)
Contact: 512-296-1136 (Sonal Shah), email: sonalshah2005@hotmail.com

Reg. No. E/7883/Rajkot



ESTD : 2006



New Publications:

- પ્રકાશન :
મલેશિયામાં પર્યુષણ પર્વ પ્રસંગે આપેલા શ્રુતપ્રજ્ઞ સ્વામીજીના પ્રવચનની સી.ડી. આ બે MP૩ મા નીચેના ૧૬ પ્રવચનો છે -
૧. પર્યુષણનું મહાત્મ્ય
૨. દુર્લભ માનવ જીવન
૩. મહાવીરનું જીવન દર્શન
૪. કલ્પસૂત્ર એટલે શું?
૫. પર્યુષણના પાંચ કર્તવ્ય
૬. ભગવાન મહાવીર અને ગણધરો
૭. મહાવીરનું લેશ્યા દર્શન
૮. મહાવીરનું ધ્યાન દર્શન
૯. પ્રશ્નોત્તર અને ધર્મ-ચર્ચા
૧૦. આચાર્યોની ઉજ્જવળ પરંપરા

Books are Available

pomyc.org@gmail.com

New CDs

- 4 Cds of set for London Paryushan Parv Pravachans (Gujarati)
2 Cds of Set for Malaysia Paryushan Pravachans (Gujarati)
1 Cds of Das Lakshana Paryushan Parv - New Jersey (Hindi)
1 Cds of Uttaradhayan Pravachan - New Jersey (Gujarati)
1 Cds of Astitva and Vyaktitva -

Cincinnati Reflection

All the members of Jain Center of Cincinnati and Dayton were very much blessed to celebrate Ahimsa Day for four days with Shree Shrutpragyaji Swamiji

For more then 15 plus years Swamiji has visited our center during separate events including few Paryusans also. Each and every time he has uplifted the spirituality of the members.

Swamiji was at our center from Sept.29th to October 3rd. During this time he delivered Pravachans on different topics like Chakras, what we are missing in life, where we have come from and Ahimsa- Gandhiji and Jainism.

One morning he had a special sessions with our pathshala youth only where all the kids opened up very well with him. On the actual Ahimsa Day, he enlighten us about the life of Mahatma Gandhi and how we can celebrate his life in our day to day life.

Swamiji has a natural talent to uplift the spirits of the members and we would like to have him any time.

-Report by: Ashwin Parekh



Waterloo, Iowa Reflection

Pujya Shree Shrutpragya swamiji accepted our invitation and blessed us with three days of spiritual lectures, yoga, mediation and question and answer sessions. Subject of three days of spiritual lectures were 'What are we missing from life' with 5 B's. All is well- in this swamiji explained about maitry and mitrata. yoga and meditation Swamiji explained about mind , body and soul, how we should do yoga and meditation to control it.

Shrutpragya Swaji enlighten us with series of spiritual lectures, and yoga-Meditation program. He is an excellent orator. He has mesmerized us with his humor and his teachings [simple advice] in Waterloo /cedar falls area during October 12 to 14.

Our community really liked swamiji's spiritual lectures, yoga and mediation. Swamiji also held question and answers session at Pradip/vaishali Shah and Ramesh/Madhu Shah's house in the evening.

We are requesting on behalf of Cedarfalls Indian community to Swamiji to come again next year to waterloo /cedar falls area and give/Spread knowledge on spirituality

-Report form Pradip and Vaishali Shah



News from New Jersey & Washington DC

SENIORS ORGANIZATION OF NEW JERSEY (IASONJ) had arranged a one day workshop of Shree Shrutpragya swamiji at Sukhadia, 124 Case Dr.South Plainfield,NJ on Oct 6th, 2012 from 10.00am to 3.00pm. 150 Members participated in this workshop. Swamiji gave a lecture on My Mind : My Peace for about 3 hours. He also taught Yogic Exercise and Pranayam. Swamiji also answered everyone's questions. President Ramanbhai Shah welcomed Swamiji and gave his introduction.



On October 19th, 2012 arriving from Chicago to Washington DC, Mehendra bhai Shah Fatechand welcomed Swamiji at Dulles Airport. Swamiji gave three discourses in the DC area. First discourse he gave at Fatechand bhai and Meera bhen Shah residence, in Virginia, on subject of "What people are missing in life?" Swamiji mentioned that people are missing five things in life, first physical fitness, second healthy relationships, third Strength of Punya, fourth id power of initiation, and fifth is faith in god. Second discourse was given at the Jain Temple on the subject of body and soul. Third discourse was given at Dr. Arona and Dilip Shah's residence in the Baltimore area the subject of my mind; my peace. Swamiji explained the the five levels of the mind as first the act of being oblivious. Second, the disturbance of the mind, third the unstable mind. Fourth is the concentrated mind, and fifth is controlled mind. By referring to the five levels of the mind, Swamiji explains how to achieve peace.

Swamiji stayed at Subhash and Arti Choxi's home to coordinate all three events. After his threed successful days in the DC area Swamiji will depart to Raleigh, North Carolina.



Telepathy of Thoughts

One day an old lady and her young daughter were going on a long journey. The girl, not being used to walking, was tired and her feet were hurting because she was also carrying a heavy bag.

Suddenly, a man on a horse passed by and the old lady asked him, "Why don't you take my daughter on your horse? She is carrying a heavy bag and cannot walk. Take her some distance and I'll walk and join you there." The horseman did not want to get involved into this trouble and refused.

He went some distance and thought this was a good opportunity to take the girl and all the expensive items in the bag and run away. "I should not let go of this opportunity." Meanwhile, at the same time, the old lady also thought, "It's actually a good thing I did not send my young daughter with him. Otherwise, it would have been a big mistake. I don't know what he might have done to the girl."

When greed arises, there is no end to it. The horseman returned. He told the old lady, "OK. I changed my mind. I'll let your daughter sit on my horse." The old lady said, "Brother! The one who told you also told me. The thought that came into your mind also came into mine. Instead of letting my daughter go with you, I will take her with me."

It is not just an illness or virus that is transmittable, even thoughts are contagious. The thoughts of one person will automatically enter the mind of another associated person. Therefore, people should remove their bad thoughts and should always think of good thoughts. Do not keep negative thoughts in the mind. Even small negative thoughts can bring about negative results. Before going to bed, always think of a good thought. Practice this for 15 days and see one's experience.

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News from Raleigh, NC

Swami Shrutpragyaji's Camp for meditation, Yoga and Balance of Mind was held at Raleigh (Harmony subdivision clubhouse) on 27th and 28th of October. It was arranged by Peace of Mind Yogic Center pomyc.org. and sponsored by Raleigh Triangle Jains group. The Raleigh Triangle Jains having many enthusiastic young parents were very excited about the camp and eager to gain knowledge from Swamiji's lectures and techniques. They had heard swamiji's lectures earlier and looked forward to more enlightening in their lives. During his visit, Swamiji was hosted and accomodated by Mr. Santosh and Madhu Gangwal.

The camp began on October 27th and was held each day from 10 a.m. to 4:30 p.m. The 2 day camp had meditation practice, yoga and the topic of lectures were 4 bhawnas namely maitri, Pramod, Karuna and Upeksha and how they related with each other. The meditation and Yoga experience were revitalizing. Swamiji's lectures and examples were in very simplistic language and hilarious at the same time delivering meaningful lessons of life. The participants greatly enjoyed and benefited with this whole experience. Lunch, tea-snacks along with baby sitting facility was also provided for the participants. The lunch was prepared by few members of the Jain group.

The camp was a great success and the group looks forward to more such camps in future. Our special thanks to Vigyan Lahudia, Madhu Gangwal, Manoj and Priti Jain and all the group members who participated in making it a big success, in coordinating the event, arranging for the food, helping with baby sitting etc.

Additionally, there were 3 more lectures prior to the camp. The first one was at Mr. Kirit Shah's place on October 24th. The second one the following day at Hindu temple on the topic "What is missing in our life" and the third one at Manoj and Priti Jain's residence on 26th October on the topic "Niyati and Purusharth". Due to the growing enthusiasm and interest of Raleigh Jain community in Swamiji's lectures, there is another Camp decided to be held in Mebane NC in July 2013. We look forward to having Swamiji's camp every year and share his valuable knowledge among our growing kids.

-Report from Ritu Jain

