

Peace of Mind: April 2015



Blossoming Shibirs

Current Events

Shibir at Sambodhi, Rajasthan

March 21 to 25, 2015

Book ingratiation Function

March 26, 2015

Lecture in Chicago - Swadhyay Group

March 28, 2015

Cincinnati for Mahavir Jayanti

April 1 to 6, 2015

Chicago Visit

April 7 to 14, 2015



“Your success and happiness lies in you. Resolve to keep happy, and your joy and you shall form an invincible host against difficulties”

-Helen Keller

Upcoming Events

Austin Jain Sangh

Date: April 15 to 19
contact : Sonal Shah
phone: [512-296-1136](tel:512-296-1136)

Dumas, TX

Date: April 20 to 23
Contact : Praful Bhakta
phone: [806-282-2644](tel:806-282-2644)

Lubbock, TX

Date : April 24 to 27
Contact : Girish Bhakta
phone: [806-272-4500](tel:806-272-4500)

Memphis, TN

Date: April 28 to May 4
Contact: Chanchala Mehta
phone: [901-826-2064](tel:901-826-2064)

Dallas, TX

Date: April 5 to 9
Contact: Sangita Patel
Phone: [918-361-5937](tel:918-361-5937)



Reaching out in Rajasthan

Rajasthan Visit

Swamiji also went to Sambodhi Upwan in Rajasthan for giving lectures in the special shibir of Navratri Prava, which is held by Muni Shubhkar-j. Swamiji. Swamiji taught them how to increase divine power from within, and how to use that power in our daily lives. He also taught different meditation techniques and yoga postures.



*Shrutpragyaji also met with
Siddarth muniji at Bhim, Rajasthan*

All the Way to U.S.A.

Swamiji's Visit for USA

Shrutpragya Swamiji came to USA on March 26th, 2015. He will be traveling for the next four months and be giving spiritual discourse, conducting mediation camps, attending Jaina Conventions, and visiting various cities. At present Swamiji came to Cincinnati and the Jain Center of Cincinnati-Dayton invited him for celebrating and giving knowledge on the occasion of Mahavir Jayanti. Swamiji will stay here for the next four days. Before he came to Cincinnati he attended private Swadhyay group at Chicago and he gave discourse on Samyak Darshan. This program had Gaurva and Saloni Jain.

After Cincinnati he will visit Austin, Texas conducting Yoga mediation Shibir and will give lecture on different spiritual subjects. Swamiji will stay there for five days and Austin Jain Sangh is really excited to get knowledge from him



મહાવીર જયંતિ પ્રસંગે શ્રુતપ્રજ્ઞ સ્વામીજીનો સંદેશ

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સમસ્યા વગરની દુનિયાની કલ્પના સંભવ નથી. જ્યાં એકથી વધુ લોકો સાથે હોય ત્યાં સમસ્યા રહેવાની છે. દરેકની રુચિ, આદતો, સ્વભાવ અલગ અલગ હોય છે. આ ભિન્નતા સંઘર્ષ ઉભો કરે છે. મહાવીર અનંત ચક્ષુના ધારક હતા. ભગવાને સત્યને જોયું કે સત્ય અનંત છે. અનંત સત્યને જોવા માટે અનંત ચક્ષુ જોઈશે. મહાવીરે સાધુઓને પૂછ્યું માણસને ભય શાનો છે? સાધુ ભગવંતોની વિનંતિ પર મહાવીરે જ જવાબ આપ્યો - માણસ દુઃખથી ડરે છે. આ દુઃખનું કારણ છે - ગંધિ. નિર્ગંધને ક્યારેય ડર નથી હોતો. મહાવીર નિર્ગંધ હતા અને એટલે એકલા ભ્રમણ કરતા રહ્યા. પરિગ્રહી વ્યક્તિ ગંધિઓથી ભરેલો હોય છે. આ વિચાર શ્રુતપ્રજ્ઞજીએ આજ મહાવીર જયંતિનાં અવસરે અમેરિકાના સિનસિનાટી શહેરમાં એક ધર્મ સભામાં પ્રગટ કર્યાં.

કોઈ પણ સંસારી વ્યક્તિ પદાર્થ વગર પણ જીવી ન શકે. ભગવાને વચ્ચેનો રસ્તો બતાવ્યો કે સંયમ કરો. અતિ પરિગ્રહી ન બનો. ભગવાને શ્રાવકને એક સંયમની આચાર સંહિતા આપી. અતિ પરિગ્રહ ભયને જન્મ આપે છે. મહાવીર જયંતિ માત્ર શોભા યાત્રાઓથી ન માનવીએ. વર્ષમાં એક દિવસ મહાવીરના ગુણગાન કરીએ અને બાકીના ૩૬૫ દિવસ એનાથી વિપરીત જીવીએ, આ મહાવીર જયંતિ મનાવવાની રીત નથી. આજની માનસિક અને આર્થિક સમસ્યાનું મહાવીરે સમાધાન આપ્યું કે સીમા કરો, અતિ પર ન જાઓ. જીવનના દરેક ક્ષેત્રમાં સંયમ કરો. સંયમ કરનારને ભયભીત રહેવાની જરૂર નહિ પડે..

Scholarship Project

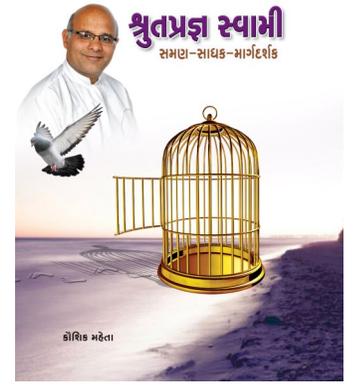
Scholarship Project

Peace of Mind Foundation gives scholarships for gifted students regularly. In the last month, four scholarship were given to Yash Amrish Gandhi, Riya Kirit bhai Sanghvi, and Krupal Shah. Due to Swamiji's visit to the US, the remaining students will receive the scholarship this August. Peace of mind Foundation also gave the financial support for Sadhviji shri Devrakshita and her group in Rajkot for their English study.



Connect religion with social work by Dr. Lokesh Muni

Truth has a higher value than the sect : Shrutpragyaji



Peace of Mind Foundation had organized a book inauguration program in a Hemu Gadhavi mini theater on March 26th, 2015. During this program a book called 'Shri Shrutpragya Swami Samana Shadhak-Margdarshak' written by well-known journalist and writer Mr. Kaushik Mehta and will be released by Dr. Lokesh Muni.

In this ceremony Dr. Lokesh Muni had mention the outstanding achievements and dedication towards society in a field of religion by Shri. Shrutpragya Swami. Dr. Lokesh Muni stated that Swamiji had released more than 60 books, which not only describes the problems that our common man in our society has, but also giving the solutions towards them. He also stated that Swamiji has not only contributed his time and religious knowledge to solving the problems within our society but also bringing awareness to them at a national and international level.

The founder of Peace of Mind Foundation, Swami Shrutpragyaji gave his feedback and explained, that he has figured out valuable things in everyone and tries to be a good person. Truth has a higher value than the sect; a person can have an objection in the sect, but not with the guru. From my guru Acharya Mahaprgya Ji, I learned four things honesty, forgiveness, hard work, and manners. He also explained that where education has not been reached they all are nice people, but where education has reached everything is in disorder. The meaning of this statement is that education without values has no purpose. Today's education system is teaching all the subjects, but not the values, and by learning all these subjects a person can become more intellectual and because of no values they misuse their education, and go in the wrong direction.

Writer Mr. Kaushik Mehta stated that despite of Swamiji's life struggle, he has done an outstanding work toward his students and educational facility in Rajkot, India. His dedication towards his students has changed their lives and made a very positive impact among them. He mentioned that we should definitely take an advantage of his deep knowledge of religion and try to make a positive change in our life.

Well-known lecturer Shri Gulabbhai Jani had also given his input regarding Swamiji's dedication and knowledge, towards religion and society during this ceremony. He said, "Swami-ji is doing work that actually the educational institutions should do." Shrutpragya Swami is an unofficial educational and spiritual teacher and he is beyond religious boundaries in a particular sect, and this is the true identity of a real monk.

Peace of Mind foundation thanked Dr. Lokesh Muni and Mr. Kaushik Mehta for their input and time. In this occasion Kirtibhai Doshi gave the pledge for Gulab bhai Jani. The function started by singer Manoj Joshi's song, and the program is anchored by reporter Jvalant Chhaya.



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Presents

TWO-DAY CAMP

on

**IMPROVING RELATIONSHIP
FOR A HAPPIER LIFE**

with Swami Shrutpragya

Sat. May 2, 2015 -7:30am -6:00PM

Sun. May 3, 2015 -7:30am-4:00pm

\$75 per person

Includes Breakfast & Lunch

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Space is limited please register

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Three Day Camp on Health, Healing, and Happiness

With Swami Shrutpragyaji

(Peace of Mind Yogic Center)

Host: Jain Center of Cincinnati-Dayton

When: Friday, May 15 5:00pm to 9:30pm
Saturday, May 16 7:00am to 9:30pm
Sunday, May 17 7:00am to 2:00pm

(Times are subject to change)

Where: Jain Center of Cincinnati-Dayton
6798 Cincinnati Dayton Road
Cincinnati, OH 45044

Phone#: 513-252-7727

Cost: \$25 per person

Includes Breakfast, Lunch, & Dinner

Folder with Handouts, paper, and pen, etc. will be given

SPACE IS LIMITED PLEASE REGISTER!!

Health, Healing, and Happiness:

Health, Healing, and Happiness are all connected to one another. If a person is happy they can heal faster, and by healing faster they can become healthier. To stay healthy there are five golden rules. To stay happy there are six golden rules, and to heal there are seven golden rules. We will discuss more about these golden rules at the shibir. At this workshop we will learn and do exercises on how to be healthy by ancient ayurvedic techniques, and how to heal ourselves for physical, mental, and spiritual fitness, and how to be happy, in every situation in life.

Also we will learn about meditation, breathing technique, and yoga postures. Swami Shrutpragyaji is expert and he himself practice since last twenty-five years and conducted thousands of camp for spiritual awakening.

