



PEACE OF MIND

PEACE OF MIND YOGIC CENTER, USA
PEACE OF MIND FOUNDATION, INDIA



Swami Shrutpragyaji's

NEWSLETTER

New Publications

DVD

Vastu Shastra in Gujarati

BOOKS

Jivan Jivavani Kala
Parivartan
Prarabdh Nu Puspa: Purusharath Ni
Sugandh
Turning Point

New CD and Discourses

MP3 set of 2: Discourses in Hindi & Gujarati on:

Karmic Account
Remote Control of your life
Who determines your Destiny
What is Inner peace?
Four types of Shrivak
Spiritual practice in busy life
Kaal Chakra in Jain Dharma
and more!

any further questions, can
contact by email:

Pomyc.org@gmail.com

Contacts for Books

GEORGIA

Kaushik Desai - (770) 476-3874

ILLINOIS

Dharmi Shah - (630) 428-1360

NEW JERSEY

Dr. Champa Bid - (973) 533-1942

OKLAHOMA

Aruna Shah—(918) 605-8805

Aug 2011

- Biweekly

'If you want others and yourself to be happy, practice compassion.'

Current Activities

Self Awareness Shibir-Mumbai:

Date: June 26th, 2011

Location: Krushal Tower Society Hall,
Ghatkopar Chembur

Host: Prakashbhai and Kalpana Vasa

Scholarship Distribution Function:

Date: July 10th, 2011

Location: Abhavalay, Rajkot

Host: Peace of Mind Foundation

Women Shibir in Bhuj Kutch

Date: July 17th, 2011

Location: Chha Koti Jain Sthanak Bhuj

Student Shibir

Date: July 20th-27th

Location: Adarsh Vidhyapith, Ashind, Raj.

Yuva Utkarsh Shibir

Date: July 31st, 2011

Location: 108 Bhakti Vihar Shankheswar

Mumbai Program

Date: August 1-3rd

Location: Borivali, Dadar, Sion

Upcoming Activities

Midwest Youth Convention

Date: August 12th-14th

Topic: Modern Jain: One Soul, Two
Selves, Three Principle

Location: Holiday Inn
Rolling Meadows, IL

Contact: Piyush Gandhi (630-765-0872)
youth@myjsmc.org

Paryushan Mahaparva:

Date: August 25-September 11th:

Location: Cincinnati, OH

Contact: Ashwin Parekh -
parekhash@aol.com

Discourses in Lansing, MI

Date: September 15-18th

Topic: Karmic Account

Contact: Dhiraj Shah

shahassoc@yahoo.com

Power of Mantra Shibir

Date: Sept 23rd-25th

Location: Vraj, USA

Contact: Dr. Champa Bid
www.pomyc.org

India Shibir

June 25th-June 26th

The shibir took place at Krushal Tower in Ghatkopar/Chembur near Shopper Stop and was made up of over 200 people participation. On June 25th, pravachan was held at Prakash Vasa's home and the subject that was talked upon was Healthy Relations. At the Shibir, Swamiji taught on 3 main steps. These were Meditation, Exercises, Kayotsarg, and gave pravachan on Anger Management and Stress Management. Overall, the shibir was conducted very well with help and financial support by Rashilaben Mehta, Jatinbhai Shah, Manubhai Ganatra, Ajitbhai Shah, Ajit Shah, Arunbhai Shah, Daxaben Shah and Chaitali Galia.



Scholarship 2011

On July 10th, the Peace of Mind Foundation of Rajkot presented twenty-five students with a scholarship for the pursuit of Higher Education with the blessings of Shri Shrutpragya Swamiji and in the presence of the Mayor of Rajkot, Janakbhai Kotak. Lisa Sangoi from the Jain Center of Memphis, daughter of Deepaben and Dilipbhai Sangoi, and her trust from New York has been an engaging force behind this Scholarship program. Bharatbhai and Kirtidaben Mekani from Singapore have also taken up this great task for the educational well-being of the youth. Swamiji has very actively promoted educational social activity since the last two years and the people below provided great support for this project:

Manishbhai And Dolly Patel from Los Angeles, CA
 Bharati Javeri from DC
 Vasantbhai and Parul Shah from Chicago,IL
 Mukesh and Parul Kamdar from Austin,TX
 Vasanji Jayaben Gala from Memphis,TN
 Harishbhai and Urmi Visharia from Memphis,TN
 Vianybhai and Chanchala Mehta from Memphis,TN
 Dr. Champa and Velji Bid from New Jersey
 Rajubhai Pariksh from Harrisburg, PA

The meaning behind this scholarship program is to help others get ahead in life through education. Many kids have the capability to reach to a higher state in life, but the only obstacle they face is money. The main setup behind this scholarship is the actually fulfill the dreams of those kids. We give scholarship to those who will use the money to get a higher education and we set this up for them for college, etc. With education, their future is improved and they can live in a better lifestyle and save their family. We truly respect and appreciate all these families and individuals who have contributed towards the scholarship program, because they have changed the lives of these kids.



Youth Shibir in Shankheswar

On July 31st, many youths gathered together at Shankeshwar to attend the youth shibir held by Swami Shrutpragyaji. The word got out about this shibir and over 250 youths from Ahmedabad and Gujarat came and attended the shibir, which was a complete success! The main speaker of the youth shibir was Swami Shrutpragyaji, but there were a few additional speakers that also attended. The youth were first blessed by Pujya Premsuri Maharaj Saheb and also heard a pravachan by Bhaktiratna ji and Kuldarshaji Maharaj Saheb. Overall, the sole motivator behind all the speakers and concepts was Hemchandracharya ji and Acharya Kulchandra Maharaj Saheb.

The youth shibir was conducted at 108 Parshwanath Bhakti Dham in Shakenshwar. Swami Shrutpragayji talked about 7 keys to success. This topic especially applied to the youth because most of the them were at the age where they had to figure out a way to become successful and survive in life. The seven points he stressed upon were:

- Goal Setting
- Failure Being part towards success
- Will Power
- Hard work
- Mental Balance
- Positive Thinking
- Learning from Mistakes

Mumbai Trip

June 27th-29th

The auspicious day started in the morning with Gurudev showering his blessings by doing pagla. There, Gurudev explained about the scientific reason of not eating under-rooted vegetables or kandmool and also his personal experience with Pujya Shri Rakeshbhai Jhaveri. Then again he was blessed by satsang with prabha Babariya, her daughter, harshadbhai's family and raju babariya's family. Gurudev talked about Karmic account for an hour and then left for Sion to see Tushar and Asha Gosalia, from Chicago and do book seva.

On the second day, Gurudev showered his blessings to the Dahisar Youth group. There were about 20 youths who came. Gurudev first started off with intro to meditation session and led to everyone being dissolved into divine bhakti. Gurudev taught everyone different techniques of meditation. The fun cannot be explained in words, but everyone had a memorable experience



Power of Mantra
(Sixth Annual Shibir)
By Shree Shrutpragya Swamiji

@ Vraj,
15 Manor Road, Schuylkill Haven
PA, 17972

(For Adults 18 yrs and older)

Friday, Sept. 23rd thru Sun. Sept. 25th, 2011

3 Days of active practice, discussion, discourses and relaxation

Topics

1. Science behind Mantra
2. Types of Mantra and it's effect
3. Methods of Mantra Chanting
4. Mantra and Spirituality

and

5. Daily practice of Meditation, Pranaayam, Yoga,

For more information

- Call: 973 251 2364 ·
- Email: pomyc.org@gmail.com
- Visit: pomyc.org

Thank You