

# March 2020 Newsletter

## Peace <sup>OF</sup> Mind

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Peace of Mind



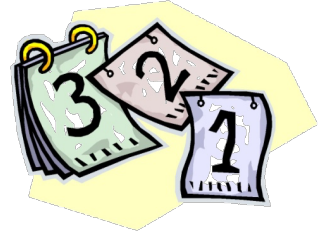
### Sneak peek inside this issue

Current issue highlights  
on:

- 4-day Seva Trip at Rajkot
- Sant Samagam at KoniyoI
- Shraddhanjali Satsang Shibir at Koba
- Visitors at Abhavalay
- Scholarship Awards 2019-2020

Launch of a new Instagram platform and YouTube series in English. The first addition to this YouTube series is on "Happiness is a choice and Is this right for me?" and will soon be followed by topics on the same theme and later on various other topics of spiritual and practical interest.

### Upcoming Programs



Rajkot, Gujarat  
Date: March 3-10  
Contact: +91 9427366174

#### **Spiritual Trip for Malaysia & Australia**

Pinnang, Malaysia  
Date: March 13-15  
Contact: Chintu Shah@ +60 16 412 6081

Melaca, Malaysia  
Date: March 17&18  
Contact: Jyotshna Khandhar

Kuala Lumpur  
Date: March 19-21  
Contact: Vinod Mehta

Melbourne, Australia  
Date: March 22-30  
Contact: Nishal Mehta@ +61 408 306 354

Ayambil Oli  
Kuala Lumpur, Malaysia  
Date: March 31 to April 9  
Contact: Dipak Damani

### **YouTube link for Saman Ji's pravachan.**

Jai Jinendra. Peace of Mind Foundation Rajkot will be regularly uploading Saman Shrutpragyaji's videos on YouTube. In these short clips, Samanji shares his wisdom on practical and current topics. We humbly request you to click the link below and subscribe so you don't miss a new video.

<https://bit.ly/2Iho0dN>

## Bharatiben and Vinodbhai Mehta from Kuala Lumpur visits @ Abhavalay, Rajkot February 5<sup>th</sup> to 8<sup>th</sup>

Vinodbhai and Bhartiben Mehta came for a four-day seva trip from Kula Lumpa, Malasia, as well as to do meditation and related spiritual activities under Samanji's guidance. At Abhavalay, scholarships were awarded to gifted students in need of support, and food kits were supplied to widows there.

Samanji gave a lecture at the Shree Kanta Sthri Girls School, accompanied by Vinodbhai and Bhartiben Mehta and Gangaram. After the lecture children were presented with new school uniforms and staff were given family provision, sponsored by Vinodbhai and Bhartiben Mehta. Samanji is thankful to the school Principal, Jayshreeben, for organizing and facilitating the event.

Also, children at Prakash Vidyala gratefully received school bags and school kits. Samanji also delivered a speech at the school, which was supported and organized by the Principal, Jyotiben.

And G. T. Seth High School kindly invited Samanji and his guests from Kula Lumpa, Malasia to carry out a program at the school during which school bags and track suits were presented to students. Samanji is grateful to Mr. Dave, the Principal for arranging the program.

They also visited Om Hostel by Jesangbhai Ida and distributed books and dress. They also provided food kit and Scholarship for needy family and students.

Link: <https://youtu.be/BIXuUWjshcA>





**Sant Samagam at Koniyal - Himatnagar  
February 9<sup>th</sup> at Koniyal, Village near Idar - Sabarkantha**

The Koniyal Pandal morning program was held to celebrate the 10<sup>th</sup> anniversary of the establishment of Sri Raj Atmanad Hall and Bird Feeding House. This spiritual activity was first started by Saint Lalji Bapa and was attended by some 2,000 participants from the surrounding village area. Samanji and Mansukhbhai Barot from Palitana were the main speakers at the event, and Abeebshaben Travedi joined the program as well as spoke about bhakti sadhana. The Master of ceremony was Samalbhai Varma who also organized the program.

Link: <https://youtu.be/p-54nfbsvmQ>



**In memory of Saint Atmanandji – Shradhdhanjali Satsang Shibir  
February 14<sup>th</sup> to 16<sup>th</sup> at Koba, Gandhinagar**

In memory of Saint Atmanandji, couple of saints and spiritual speakers invited by Shrimad Rajchandra Ashram Koba. Samanji delivered a discourse on detachment and peace. He explained three keys to achieve this: to be removed from memories of the past; to avoid desires for the future; and to end all forms of attachment that appear in the present. Also, Pujya Dipak Desai, Bhai Shree, Adhyatmanandji, Suresh ji, Kumarpal Desai, Mumukshu Gokulbhai and few more dignitaries gave the shradhdhanjali.

Link: <https://youtu.be/UV2knaQdq-Y>





**Abhavalay Visitors**

Bharatiben and Vinodbhai Mehta  
Kuala Lumpur, Malaysia

Mahendrabhai and Ushaben  
Vancouver, Canada



Falguniben and her Family  
Chicago, IL – USA



## Scholarship Awards in 2019-20

The Peace of Mind Foundation is happy to announce offers of support to eligible students from underprivileged backgrounds, as it aims to create new possibilities for scholarships. Education in India is very expensive and many poor families cannot simply afford to send their talented children to the right schools. Samanji wants to help such children move forward in terms of study opportunities and support even greater numbers of underprivileged students. Samanji has received many offers of money from loving donors to aid him in this process. And the Peace of Mind Foundation is grateful to them for it. Below are the winners of the current round of scholarships for the academic year 2017-18. The

Peace of Mind Foundation is truly thankful to each and every donor who has made this all possible and hopes that donors will continue to give now and in the future.



Chintan Lakhani Nancy Dalal Dhruvita Ranpapara Hemang Domadia Hiloni Doshi Divya Savani



Jainil Jasani Vansh Ray Krupali Udani Mahi Khandol Hiral Talsaniya Joshi Vishweshwari



Piyush Mehta Meera Patel Poojan Doshi Preksha Doshi Yogi Thummar Yash Mehta



Vilas Katesia Vidhi Sheth Twinkle Shah Priti Thummar Tejashwi Rathod Neha Mavaniya



Kinjal Paresha Juli Umrana Krishna Chavda Dhara Kavathiya Drashti Pandya Jimi Ganatra



Digvisha Limbasia Vidhi Mehta Alpa Meriya Vaibhavi Trivedi Sahaj Tank Amdavadi Janvi



Riddhi Hadiyal Trupti Khandhar Krishna Parsana Urvashiba Zala Mitali Kalola Hetvi Sheth



Kausha Akhja Shyam Morjariya Gautam Sangrajka Nidhi Vashnav Hasti Mehta Ashtha Doshi