



Happy New Years 2015!



Current Events

"Your success and happiness lies in you. Resolve to keep happy, and your joy and you shall form an invincible host against difficulties"

-Helen Keller

Atkot Program on Goal Setting

- 1000 students participated

Virnagar Clean India Program

- 1000 people participated

Visnagar & Satlasna (Mahesana)Shibir

- January 5-7th

-2000 participants attended

- Contact: Kamini Patel



Upcoming Events

December 31st-Jan 2nd, 2015

- Palitana

January 5-7th, 2015

- Shibir at Mahesana, Gujarat

January 15th-17th, 2015

- Program at Bhuj, Kutch

January 19th-21st, 2015

- Shibir at Atkot, Gujarat

January 21st-23rd, 2015

- Women Camp at Life Rajkot

January 30th-February 5th, 2015

- Trip to Rajasthan -Sambodhi



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Visit of Shri Shubhkaraji at Abhavalay

Muni Shri Shubhkaraji Swami in Rajkot

Sambodhi upvan shubhkaraji on abhavalay and 11 dec. on the occasion of swamiji birthday pravachan “chetayn jagran na prayogo “ swamiji e Vishay ni bhumika bandhi and muni ji na jivan ane sadhana veshe jankari aapi.. anek press reported mulakat kari and anek bhakto e aashirvad lidha.

Today, Spiritual leader and founder of sambodhi upvan meditation center, rajasthan, Muni Shubhkaraji arrived in Rajkot and Stayed for Six days December 9 to 14 in Peace Of Mind center “Abhavalay”. There was a special Program on Swami Shrutpragya ji’s Birthday 11 December on the subject “Experiments of Developing Superconscious power” where Swamiji introduced the Life and Spiritual journey of Muni Shubhkaraji and also gave talk on the above subject.

There was many news reporters from different newspaper agency for the coverage of the event and Interview of Muni. Many Devotees got blessings from Both Spiritual Leaders.



Cleaning India Program

Today, the peace of mind foundation and D B Patel Kanya chhatralay arranged a great program under clean india mission in veernagar aatkot. Swamiji’s mesmerizing speech greatly impacted on people of veernagar. Swamiji quoted “Religious Leader should involve in this mission.” Swamiji also make focused on sanitation, plastic, recycling, hand washing and waste management.” There was an amazing moment when swamiji, 700 girls, and the people of village started cleaning the village. The head of gram (sarpuch)mr. jayntibhai and organizer of the program T D Patel and Arjanbhai ramani thanked swamiji for his inspiration.



Goal Setting Seminar at Atkot School

Today, the peace of mind foundation and D B Patel Kanya chhatralay arranged a great program for the Girls of Kanya chhatralay. Girls were very excited because swamiji has already given an transforming lecture as swamiji arrived they give huge rounds of applause. Swamiji's lecture was on Goal setting and He clearly stated "there is a big difference between Goal and Career." The amazing program extended 1 hour more further because of request of the girls. The trustee manubhai and T D Patel and the Principle mr arjan ramani thanked swamiji for giving his valuable time for Girls. At the end of the session Swamiji rewarded girls who wrote essay for the "trip and shibir of Rajasthan".



Lecture at Krishna International School

Today, Peace of Mind organized "THE PATH TO SUCCESS" seminar, With enormous energy swamiji arrived in the Krishna international school campus, tramba road.

to the Huge crowd of Pupils and they got excited when they saw the swamiji's aura and started cheering, truly mesmerizing. After that Swamiji started his lecture and said "Your belief is like the cap of bottle, you can not pour anything until you remove it" and pupils gave a round of applause. Then Swamiji told about advanced scientific goal setting technique. Swamiji also stated "its ok if you get slightly less grade but your smiling face shouldn't get down". At the beginning Rajiv Mishra gave the introduction of Swamiji and Mahendra Gajera thanked Swamiji for the time Swamiji gave here.

After that student asked swamiji different queries about their goal and education personally.



Shibir at Life, Rajkot on Pran Yog & Women

Shibir at Life Rajkot

Today, At “LIFE”- an NGO of saurashtra, rajkot and Peace of Mind Foundation jointly organized a regular monthly shibir with Swami Shrutpragya ji after 7 years back, the first shibir of sequence series was on 15 to 19 December 2014 which was On Pranyog Sadhana Shibir. There was more than 50 men and women participated in this shibir, Swamiji taught about the ancient breathing technique. Meanwhile the second shibir was arranged on 17 to 19 December 2014 only for women for healthy lifestyle where more than 50 women were participated. Women were taught about How She and Her family can achieve success by the healthy lifestyle.



Life Shibir



Life Shibir



Pran Yog Shibir

Unlimited Power Seminar

Peace Of Mind , phholchhab newspaper, Saurashtra University and Navrang nature club arranged a lecture for student – unlimited power by shrutpragyaji. Samiji told that Until you get aware of your power, you don't know the potential power you have. Swamiji also stated visualize the dream at day time while you conscious, not nightmare. The lecture was divided in 5 parts learning dreams, hardwork, happiness, learn the technique power of imagination and music. Program was conducted by Prof. Manoj Joshi. The nature lover v d bala informed nest for sparrow, water management, organic home farming. On this precious occasion chief reporter of phoolchhab hemen bhatt and registrar dhiren pandya also presented. where the dean of saurashtra university thanked swamiji and said “we should start follow his step.”



Visitors to Abhavalay



Mamta Shah, New York, USA



Surekhaben & Family, Dayton, Ohio, USA



Munishree Shubhkaraji Swami, Rajasthan, India



Yogesh Bapna

New Years Resolution....

Welcome 2015! As this new year begins, we wanted to wish everyone a wonderful prosperous and joyous new year ahead. As this year begins, think of it as a new start to make new goals and new resolutions. It only takes a strong mind and determination, but every person has the power to do so and just has to begin. Start with reading one page a day on a religious topic or book and take time to reflect on it. Make this year a time for reflection.

