



Peace of Mind

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Peace of Mind Foundation

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March-2022



Three Days Special Shibir for Tapovan Students and Parents

Date : Feb 18-20, 2022
Vaue : Tapovan Ghumali,
Gujarat Subject : Education in Future

Samanji gave talks at the Tapovan on 10 life lessons. Bhimsibhai also gave talks on the upcoming future of education. The practice of meditation, yoga and pranayam was observed over the three days camp, along with daily yagyas. There was also a cultural program held, including exciting dramas. The involvement of parents was crucial during the whole shibir, and parents joyfully provided their valuable feedback, as well as offering supportive resolutions for the future.



21
February

International Mother Language Day

The Literature Academy of Gujarat arranged its International Mother Language Day at Purusharth School, Bhanvad. At the event Samanji said that our mother language is very special and importantly so because it is key to improving a person's overall personality and character. He emphasized that everyone must at the very least be competent to write their own signature in their own language. Manoj Bhai Raval and Kantibhai Kundalia also were present and blessed the program. Bhimsibhai congratulated the program coordinator for arranging this special event at Purusharth School. And Prof. R.S. Rathod managed the whole program in a very successful and professional way.



7 March, 2022

Motivational Speech at Vankaner School (K.K.Shah Vidhyalay Vankaner, Gujarat)

Samanji gave his blessing to all students at Vankaner School. This was in the context of their upcoming exam. He also offered guidance for efficient study and the smart way to do hard work. The Principal, Shri Nilesh Dholia, Darshana Jani and Shri Amarshibhai Madhvi were present during the program.



March 10-11

Nakoda, Rajasthan Tirth Yatra



Atul Shah did the Nakoda Tirth Yatra in memory of his late mother. And the mother of Bhanuben Shah was also kept in mind. Currently, she is 91 years old. The yatra was very well arranged and Lokesh Muniji, Samanji, Ashish Bhai and Narendra Guruji blessed all the participants. During the yatra event there was a bhakti program and other cultural activities, including a gyanshala program, pravachans and much more. Samanji also blessed gyanshala students at Nakoda and guide them for brightest future



15th March

Samanji's Meeting with Pujya Lalbapu



Samanji both met and had a very productive satsang with Pujya Lalbapu. Ashwin bhai Chhatrara, Sukhubha and Bhimasi bhai gave Samanji company on the visit. After giving his blessing to everyone who participated in the satsang, Samanji delivered a talk on the Power of Mantra. By mantra, Samanji said, we protect ourselves from all forms of negativity as well as develop our inner energy levels. Samanji further stated that, if BHAV and FAITH are also involved with mantra japa Mantra itself is converted into BHAKTI.

16 March 2022

Well Wishes and Advice for 10th & 12th Standard Students at Purusharth School, Bhanvad

Samanji was especially invited to the school to give his blessing. He also addressed students and staff with a speech, outlining the following key points :

- ◆ Exam passing, whilst important, will not be a huge hurdle for Purusharth School students because they are all very smart.
- ◆ The need to improve life quality requires students to be self-disciplined, involving introspection on five important A to E qualities: A for Awareness: students should always be aware of their actions, emotions and the world around them. B for Boldness: students should always be positive and never lose confidence or courage, whilst being physically fit and mentally stable.



16 March



Samanji's Speech on Jain Philosophy at the Ved Naman Group, Rajkot

The Ved Naman group is a youth organization which focuses on spiritual philosophy and the study of world religions. Samanji delivered his talk to the youth of the organization on Jain Philosophy (Jain Darshan), emphasizing its uniqueness and the ways in which it differs from other major religions. He talked about how in Jainism the concept of a creator God is completely absent as well as on understanding how to destroy karma from the Jain perspective. Samanji additionally explained the Jain principles of Ahimsa, Anekantvad, and Aprigraha. Respected Kamlesh Bhai gave heartfelt thanks to Samanji for his insightful speech and encouraged him in his mission to spread the Jain message of spirituality all over the globe.

23 March

Samanji's Address at Shri Vardhman Vidhyalay School, Kataria, Kutchh



In addition to Samanji, Shri Sureshbhai Varaiya, Anildan Gadhavi, and Jitubhai from Bhuj were the main guests. Following the blessing he gave, Samanji gave his address. He taught that, even when students work very hard towards achieving success in school and in examinations, ultimately, the results of their hard work is not in their hands. Worry about this, he emphasized, is thus completely pointless. All students should focus fully on their studies and exam preparation without worrying, Samanji said. When students do this (leaving aside worry), the positive results of that hard work will automatically follow. As this is the key to successful study and achievement in examinations, Samanji encouraged all students always to keep this in mind. Sureshbhai and Anildan also shared words of wisdom and gave their well wishes to students. Samanji expressed his thanks to Rajeshbhai Kubadiya, (the school secretary) who invited Samanji to speak at this event.

23 March



Samanji's Meeting with Jain Sant Shri Kirtichandrasuriji Maharaja - Samakhiyari

Samanji met Jain Sant Shri Kirtichandrasuriji Maharaj who continues to read Samanji's books, which he commented he finds greatly inspiring. The hour-long meeting included discussion also with other accompanying monks who participated fully in the meeting. Kirtichandrasuriji Maharaj further invited Samanji to hold a shibir next chaturmas at Anjar, Kutch.

26 March

Parulben and Mukesh Bhai Kamdar's Visit to Purusharth School and Tapovan

Mukesh Bhai and Parul Ben from Austin, Texas visited Purusharth School Bhanvad and the Tapovan School, Ghumali. They also met with Samanji for a personal satsang. They addressed students and gave their blessings for the future higher education of students. Udai bhai and Deenaben Desai also kindly participated. We very much appreciate all their kind service and support both to Purusharth School and the Tapovan, as well as to society.



Upcoming Schedule



April 8-16
Ayambil Oli
Jamshedpur :
Jharkhand

April 20-30
Malaysia
(Probably)

May 1 to 20
Rajkot

May 21 to 30
Bhanvad

June 1 to 16
Rajkot

June 20 - Sept 30
London,
Denmark &
USA trip

Paryushan parva
2022
Chicago, IL
Atul Shah

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<https://bit.ly/2lho0dN>

You can equally physically, mentally and spiritually gain enrichment from Samanji's exiting blogs (in Gujarati and English)

<https://www.pomyc.org/blogs>

