



Samanji's Chicago Trip



Guru Purnima - Oak Brook - IL

Jul 5-31, 2023

Guru Poornima Pravachan - Chicago

At Oak Brook (Chicago), IL

5th July, 2023

Dr. Mausmiben and Dr. Sejalbhai Shah invited Samanji to give a talk on the Importance of the Guru in Life. Samanji said without the guru it is difficult for a discipline to grow in life on the path of spirituality. Everyone should have a living guru in their life. At the same time it's important to make sure that the guru one follows is enlightened, with genuine experience of the inner journey. Samanji stayed here for three days and had a wonderful satsang with the host.



Samanji doing Gauchari at Aurora IL

Pravachan

Aurora, Chicago, IL

Minal and Jayant Shah invited Samanji to give a pravachan at their residence in Aurora, Illinois. He gave a one-and-a-half hour talk there on Three Steps of the Spiritual Path, using everyday life examples. The three steps of the path examined were: Forgiveness, Introspection and Meditation. Jayant bhai introduced Samanji and Minalben welcomed all the Sadharmik Bandhus to the gathering, as well as provided a healthy dinner and served Samanji gauchari.



Maitri Gandhi with Samanji

Shivali & Erik Residence, Chicago, IL

Date July 15, 2023

Samanji in Chicago also visited Shivali and Eric Gandhi's residence for lunch and satsang. During the satsang Samanji supplied answers to the questions posed by Shivali about how to raise a new baby. He said it is essential to teach the child its mother language - Gujarati or Hindi - so that she can understand Indian and Jain spiritual culture. He further said not to give too much comfort or luxuries growing up, and emphasized always to teach how to handle struggles or unfavorable situations. Samanji added the necessity also to keep in mind that, whatever parents do, the new baby will imitate and follow via the subconscious mind.



Pravachan@ Anisha and Sanjay Shah - Chicago - IL



Jyoti Uresh Shah - Schaumburg - IL



Samanji@ Ashaben & Tushar bhai's home for Gauchari



Samanji's Gauchari @ Anisha and Sanjay Shah

Pravachan on Dharma and Karma
(Samanji's Gauchari @ Anisha and Sanjay Shah AND Pravachan@ Anisha and Sanjay Shah - Chicag)

Fri 28, 2023

Anisha and Sanjay Shah invited Samanji to give a pravachan and for gauchari. He talked there on the subject of Dharma and Karma. He explained that karma orients the soul in an outward direction, whereas dharma brings a turn to the inside. Karma makes a person impure, he said, while dharma, on the other hand, makes one pure. By means of dharma, therefore, a person can clear their karmic account, enabling all who do this to realize who they truly are. He further added that hatred creates karma but dharma, by contrast, brings equanimity. Spruha Sanjay Shah introduced Samanji and welcomed everyone to the pravachan.

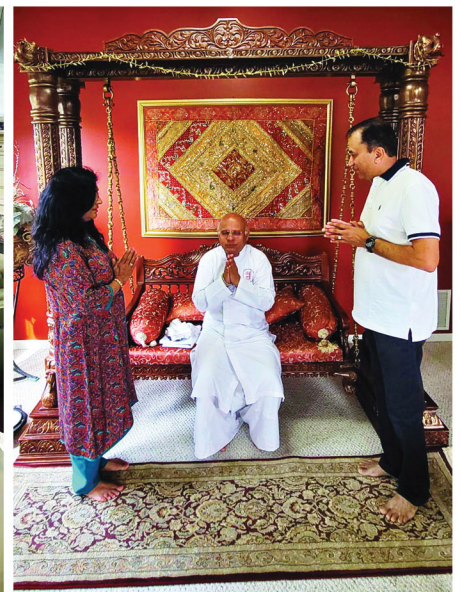
Other Private Satsangs in Chicago, IL (Jyoti Uresh Shah - Schaumburg - IL and Samanji@ Ashaben & Tushar bhai's home and Lina Hemant Shah - Manglik)

Dates: July 5 - 18 & 26 - 31, 2023

Samanji visited Manisha and Hiren Shah's residence and had three wonderful days of satsangs there, as well as conducted question and answer sessions. In the same way he was also invited for private satsangs and gauchari at the homes of other devotees. These included, Kusum Mahendra Shah, Darshana Paresh Shah, Dr. Vipuj & Amit Jain, Kirtibala & Ashwin Shah, Lina & Hemant Shah, Bina & Nilesh Shah, Darshana & Rajesh Shah, Rekha & Guntant Shah, Anjana & Jagdish Shah, Deena & Devdeep Parekh, Ketki Shah, Asha & Tushar Gosaila, Nutan Haresh Shah, Mita & Hitesh Shah, Jyoti & Uresh Shah, Sahelja & Manish Gandhi, Chhaya & Rajesh Shah, Nayana & Bhupen Shah, Parul & Jayesh Shah, Bhavana & Vastupal Shah, Swati & Manish Shah and many others.



Samanji while giving talks



Lina Hemant Shah - Manglik

Vancouver, BC - Canada Trip



Vancouver group welcoming Samanji at Airport



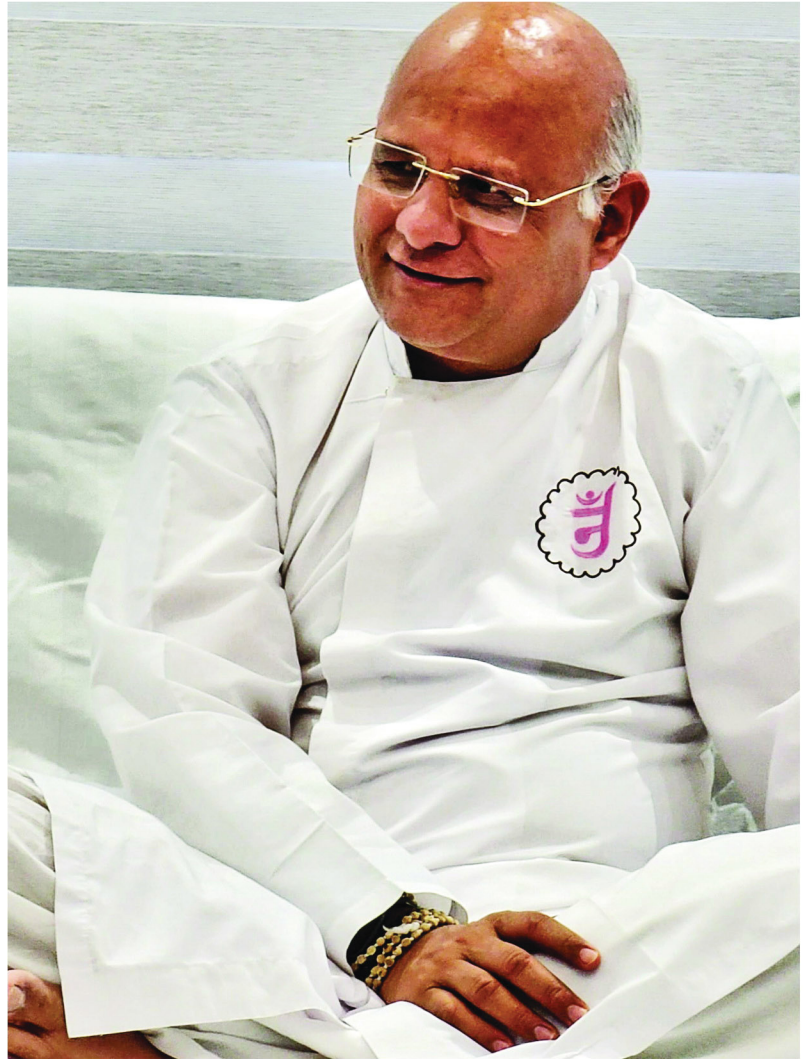
samanji with vijay bhai, Rajit and Nidhi ji



Q and A with Samanji



Pravachan at Vijay Jain Home



Jul 29-27, 2023

Saman Shrutpragyaji visited Vancouver, Britain Columbia, for one week, engaged in pravachans and bhakti, as well as giving dharmlabh to his devotees. Samanji delivered two pravachans at the Jain Center of BC on the subject of Maitri man ke sath and on three pillars of spirituality. The President Vijay Jain welcomed Samanji and offered sincere thanks for this fruitful trip to Vancouver.

Samanji was invited for five days gauchari of both lunch and dinner and provided Q and A sessions at the homes of devotees: Nidhi and Rajit Jain, Pallavi and Sunil Jain, Sadhana and Vijay Jain, Darshana and Prajay Gandhi, Deepa, Nimesh bhai, Reha and Hitesh Jain, and Usha and Mahendra Mehta.

Samanji's pravachans and Q & A sessions were truly excellent, and the environment created there felt like it was imbued with the spirit of paryushan parva. Lots of youth also participated in Samanji's program with full enthusiasm. Ushaben and Mahendra bhai Mehta kindly hosted Samanji wholeheartedly.

Samanji talked at Chicago Picnic

Talk on the Question: What to Do After 60?

July 30, 2023

Samanji was invited by the Mahavir Senior Citizen group in Chicago to give a talk at a picnic event. He delivered an inspirational speech there to some 400 members of the group. The program was very successful, lively and enjoyable, and everyone who participated learned a great deal from Samanji and got a lot out of his talk in terms of understanding how to live healthily and joyfully after the age of 60.



Samanji give dharm laabh @ Ami Shah gochari @ Chicago



Samanji had Satsang with Nutan Shah Family at Chicago



Senior Citizen Picnic and Samanji's Pravachan - Chicago, IL



Samanji with Arvindbhai Mother in the age of 95 - Chicago



Vastupal and Family Satsang with Samanji



Samanji talking with Senior Citizen in Picnic

あなたの心に平和をもたらす 瞑想と法話

2023年
9/23・24
土日
横浜

カリスマ的精神指導者特別来日！



SAMAN SHRI SHRUTPRAGYAJI サマン・シュリ・シュロットプラギャージ

サマン・シュリ・シュロットプラギャージは、新世代の最も活気に満ちたカリスマ的な精神的リーダーの一人です。彼は1966年12月にブージ・カッチで生まれました。心理学、ジャイナ教、ヨガ科学の教育を修了し、20歳の若さで出家の道に入りました。彼は、オーストラリア、イギリス、日本、マレーシア、ロシア、南アフリカ、シンガポール、アメリカなど、世界中の多くの国を旅し、オックスフォード、ケンブリッジ、ロンドン、ハワイ、パークレーなどの多くの著名な大学を訪問し、数千件の研究とヨガと瞑想のセミナーを行ってきました。



内容

▶ 1日目：9/23土曜13：30-16：30

- ・日常生活における非暴力。
食事・会話・考え方・仕事
- ・ジャイナ教の真理=ダルマ
- ・質疑応答

▶ 2日目：9/24日曜13：30-16：30

- 感情をバランスする瞑想
- ・感情の理解、観察と分析
- ・感情を解放するための瞑想
- ・質疑応答

両日、日本語通訳あり

■開催場所：

横浜市泉公会堂「和室」
横浜市泉区和泉中央北5-1-1

<https://www.yokohama-izumikokaido.com/access/>

■アクセス

相模鉄道いずみ中央駅下車 徒歩5分
神奈中バス泉区総合庁舎前 徒歩2分
横浜市営地下鉄立場駅下車 徒歩15分

■会費：各日 6,000円 2日間 10,000円

※事前振込

□会員割引 各日 4,000円 2日間 7,000円

※税込

- ・日本プレクシャディヤーナ協会会員
- ・国際インド占星術協会講座受講生

□減免料金：各日 3,000円 2日間 5,000円

(学生、現在のご事情で通常料金でのご参加が難しい方)

サマンジの教えは古代の經典と現代科学を統合したとても実践的な内容です。サマンジは、ジャイナ教の平和の原則を日常生活にどのように適用するかについて豊富な知識を持っています。彼は多くの人が理解しやすいようにわかりやすい例を用いて雄弁に語ります。彼のメッセージは純粋でシンプルであり、あらゆる年齢層の人がその価値を感じ取ることができます。彼の提供するワークを通して単なる知識を越えて、その知識の核となる領域にアクセスできるようになるでしょう。サマンジは、インドに「ピース・オブ・オブ・マインド財団」、米国に「ピース・オブ・マインド・ヨガセンター」を設立しました。著書：『Jain Dharma』『Living Meditation』『Home is Haven (Ghar ej Swarg)』など、73冊を超える本を執筆。

HP：www.pomyc.org



主催：谷内健太郎

後援：日本プレクシャ・ディヤーナ協会



一般社団法人国際インド占星術協会
代表理事

日本プレクシャディヤーナ協会
指導士
渡印歴12回（留学1年）



会長 坂本 知忠
プレクシャ・メディテーション
研修のため 渡印16回
2015年アムリタ・アワード受賞
著書：「ジャイナ教の瞑想法」
「勝利者の瞑想法」
「坐禅の源流印度」



役員 まついちえこ
NPO沖ヨガ協会理事
国際プレクシャ教師
イタリア公認/密教神道ヨガ大学講師
楽ちんヨガ・OM会主催
ヒマラヤ巡礼8回、
プレクシャ瞑想インド研修4回

KENTARO
TANIUCHI



お問い合わせ・お申込(事務局：谷内)

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SAMANJI SHRUTPRAGYAJI

UK EVENT ITINERARY

AUG 3-5

SAMANJI WILL BE STAYING WITH
GANGARAMJI (NO
PROGRAMMES).
CONTACT: 07566 718960



AUG 6TH

10 AM

ONLINE ZOOM TALK FROM
THE JAIN CENTRE FOR
VANIK ASSOCIATION
CONTACT: 07947 833970

AUG 7

9 AM - 2 PM

CHETNA DILESH MEHTA
RESIDENCE @ NIRVANA
ONE DAY SHIBIR ON WHO AM I?
CONTACT: 07770 753001

11.30 AM

PRAVACHAN ON "THREE
STEPS FOR SPIRITUAL
DEVELOPMENT " TO THE
LEICESTER JAIN COMMUNITY
CONTACT: 07440 056701

6.30 P

DINNER: NIPUL SONAL
DADIA@ NORTH LONDON
CONTACT: 07958 493008

AUG 8TH

11.15 AM

ON "MANAGEMENT OF PAIN
BY SPIRITUAL POWER."
VENUE: NAVNAT CENTRE,
HAYES, UB3 1AR
CONTACT: 07761 647285

AUG 8 - 9

ARUNA PRADIP MEHTA
GREEN LONDON, N13 5DU
CONTACT: 07961 207863

AUG 9-10

GEETA HARESH SHAH
HOUNSLOW, LONDON
CONTACT: 07832 345891

COORDINATER

GANGARAMJI & GEETA SHAH
07832 345891, 07566 718960

Upcoming Trip to Japan, Malaysia, and Singapore

Sept 22, 2023 (Fri)

reach Tokyo

Sept 23 & 24

Yoga Program/ Lecture on
Jain Dharma in Tokyo

Sept 29, 30 & Oct 1:

Kobe (Japan)

Satsang & Yoga Class

Sept 8-20 :

Kuala Lumpur, Malaysia Paryushan

Parva Contact: Dipak Damani

+60-12-393 8858

Oct 2- 8, 2023 :

Singapore Jain SANGH OF

SINGAPORE CONTACT: +65 9088

2720

The Peace of mind rajkot online resources on YouTube® with Saman Shrutpragyaji's satsangs in English as well as in Gujarati. Please subscribe by visiting link bellow and get tremendous benefit of it. link is :

<https://bit.ly/2Iho0dN>

You can equally physically, mentally and spiritually gain enrichment from Samanji's exiting blogs (in Gujarati and English)

<https://www.pomyc.org/blogs>

