



Peace of Mind: July 2017

JAINA CONVENTION & USA EVENTS

Saman ji
Shrutpragyaji's
Gujarati and English
blog available, link :

[http://
www.pomyc.org/blog/](http://www.pomyc.org/blog/)

**We wish everyone
a happy and
healthy new year
ahead for 2017!**

Inside this issue:

***Take a look at
the wonderful
Jaina convention
that was held in
New Jersey and
all the wonderful
events that have
taken place in
USA.***

Current & Upcoming Events

JAINA CONVENTION:

From June 30 to July 4

Everyday Morning Yoga: 6:30am to 7:30am

Venue: Convention Center Main Ballroom (500 Capacity)

July 3rd

Pravachan Time: 10:00am to 11:00am

Venue: Convention Center Main Ballroom

Topics: Practice Jainism in Daily Life

Pravachan Time: 4:00pm to 5:00pm

Venue: Convention Center Main Ballroom

Topics: Eight steps to achieve Samayak Darshan

Upcoming Events:

Raleigh - July 8th - Sat.

Time: 8.00- 9.30pm

Venue: Hindu Temple @ Raleigh

contact: Ramnik Zota

Phone: [919-467-2186](tel:919-467-2186)

Apex - NC - July 9th - Sunday

Time - 11.00am - 1.00pm

Venue: 1730 Pershore Drive, Apex, NC

Phone : [703-626-2658](tel:703-626-2658) - Pritesh

[703-626-2653](tel:703-626-2653) - Chani

London - UK trip

Samanji will be in London UK from July 13 to 18

contact Paresh Mehta: [+44 7956941532](tel:+44-7956941532)

July 16,2017

Time: 10.30am - 1.30pm

Venue: Printing House Ln,

Hayes UB3 1AR, UK

Contact Bhpendra Mehta: +44 7944532780

Trip to Austin, Texas

Saman Shrutpragyaji visited Austin, Texas from June 12 to June 15. During this time, he gave discourses on Samyak Darshan. The discourses were hosted at different homes. About 35-40 people attended lectures on a daily basis to take labh of Samanji's discourses. Samanji also visited Jain Community Center construction site to see the progress of the construction and do Manglik. Thanks to following families for helping with Samanji's visit with either hosting him for lunch or dinner gochri or helping with logistics - Devangi/Jinesh Gandhi, Upma/Manish Chauhan, Kamini/Pranav Shah, Hemina/Saurabh Doctor, Preeti/Mehul Sheth, Parul/Mukesh Kamdar, Shreya/Kamlesh Shah, Jyoti/Kirit Mehta and Sonal/Ketan Shah.



Samanji's trip to Jain Samaj of Colorado from May 30th to June 4th

Saman Shrutpragyaji was welcomed by Gajendra Punatar at the Denver airport and held one-on-one spiritual retreat at Breckenridge from May 30th to June 2nd. Gajendra extends his heartfelt gratitude for Shrutpragyaji's precious time and wisdom. Jain Samaj of Colorado was again blessed by Saman Shrutpragyaji's enlightening four discourses from June 2nd to 4th. These discourses, Q & A sessions, and one-on-one discussions for personal as well as spiritual growth were held at residences and temples; Chirag & Suchita Shah, Dhiraj & Supriya Soni, Hindu temple, Nirav & Nirali Dave, Saibaba temple, and Raj & Ketna Shah. The topics were 'Four types of dhyān in Jain Dharma' in two sessions, Every life is a unique journey, and the secret message of Bhagavad Gita.



With Samanji's ability to explain a complex topic in a very easy and effective manner, everyone in the audience was able to grasp the concept and also understand the keys to live their lives in a more satisfactory and harmonious way. You never know which comment or example or concept could become the reason for taking your spiritual journey to the next destination. Neha Jhaveri took the labh of taking Shrutpragyaji to the airport. JSOC has invited Saman Shrutpragyaji and has wholeheartedly accepted our invitation to visit Denver in 2018.

-Kritagyasmi Shrutpragyaji, from the bottom of our hearts!



Samanji Shri Shrutpragyaji's trip to NJ

Samanji conducted lecture series in NJ at Parshwanath Jinalay and Munisuvrat Swami Jinalay in June 2017.

He arrived in NJ on June 5th and was scheduled to speak for 2 night lectures in Parshwanath Jinalay. These lectures were well attended even during working weekdays by swadhyayees.

The first topic was “Samabhav ni Aradhana” which translates to “Practicing Equanimity”. Equanimity is a state of psychological stability and composure which is undisturbed by experience of or exposure to emotions, pain, or other phenomena that may cause others to lose the balance of their mind. Practicing equanimity does not involve any rituals and is equally important for shravak and sadhu to experience the divinity within. Samanji shed some light on how one can practice equanimity in their day to day life.

The second topic was “Sankalp ni Sadhana” which translates to “Make a Resolution”. Basically it means to stick with your decision. It's different from individual's goal or will which could be to accomplish something materialistic or ego-driven. Sankalp is a positive declaration or affirmation to turn inwards to connect with the heart's highest intention and achieving divine self. Samanji laid out ways to not just make Sankalp but how to stay with it.

His next set of lectures were conducted in new facility in Somerset, NJ which were well attended and everyone was attentive to know the interesting conversation between Gandhar Gautam Swami during Mahavir Swami's era and Acharya Shri Keshikumar the follower of Shri Parshwanath tredision while they both existed during one Tirthankars Shashan. They discussed 12 questions that were related to Traditions and Spiritual differences at the end of which both of them agreed to merge the 2 traditions for the Unity of Shashan and for spiritual development of the future followers. This topic seemed to be very interesting and something that never was heard by many and brought out facts to get a better understanding of Jain Shashan Evolution. Along with this deep understanding of religious topics Samanji also is specialized in teaching how to live healthy life to be able to practice religion and spirituality. He gave the benefit of a mini shibir of Yoga, Pranayam and meditation on Sunday morning so most can participate and feel refreshed and rejuvenated.

Samanji was ready to serve other places in USA like Chicago, South Carolina, Kansas, after his busy week in NJ. He will be coming to Jaina Convention in NJ again where he will be conducting Yoga, Meditation and Pranayam every day from 6:30-7:30am in Main Ballroom. Additionally his other lectures will be on Monday July 3, from 10-11am “Practice Jainism in Daily Life” and 4-5pm “Eight Steps to Achieve Samayak Darshan”. Everyone should take advantage of these sessions if they are attending the convention.



Vedic Center, Greenville, South Carolina, USA (June 17-19):

The devotee members at the Vedic Center of Greenville, South Carolina were blessed to have Samanji Shri Shrutpragyaji to visit their temple to offer spiritual discourses during the weekend of June 17-19, 2017. During these 3 days, the audience was delightfully impressed with his charisma, his vast spiritual background, deep knowledge of Jainism Principles, excellent teaching of Yoga and Meditation techniques, his eloquent speaking style and his fluent, elegant, inspiring and persuasive language that was not only articulate but also easily understandable.

Samanji conducted Morning Yoga and Meditation classes as well as discourses about “Secret of Bhagwat Gita”, “Karmavad in Jain Dharma” and “Five Things Missing in Life”. All the sessions were enormously educational and inspiring. His enlightening speech delivery was mainly in Hindi and partly in Gujarati and English and kept the audience fully engaged with spellbound attention. Nilima and Surendrabhai had Host and Sponsored Samanji at Greenville, SC. In the end, the audience feedback was tremendously positive and all wished for Samanji’s frequent visits here in future.



Visit to Wichita, KS

Saman Shri Shrutpragyaji visited Wichita, KS between June 21, 2017 and June 27, 2017. Nilesh and Trupti Sheth hosted him. Samaji visited Niranjana & Ranjana Baxi, Suresh & Sila Bhakta, Raju & Parul Sheth, Harish & Pratibha Gandhi, Dhagash & Sheetal Shah, Biren & Grishma Ajmera, Mukta Bhakta house for lunch and dinner.

Samajji's religious discourses were held at Hindu Temple. On June 21/22, 2017 discourse on Smayak Darsan.

On June 24/26/27 2017 discourse on Shri Bhagvat Geeta. His discourses were simple to understand and catered towards Jain and Vedant philosophy. Both followers were benefited. They are helpful in practical implementation of religious values in day to day life. He also taught different forms of meditation. On June 25 2017, he also personally guided those who went to meet him with yoga and meditation exercises.

On June 23, 2017 Samajji visited Kansas City, The dinner and discourse was arranged by Mahendra and Rekha Sheth. The topic of discourse was Char Bhavana. More than 100 people attended the discourse.



JAINA CONVENTION

The 19th Biannual Jaina Convention for 2017 was held in Edison, New Jersey from June 30th to July 4th. There were more than 4,000 people who attended the event, including 50 sadhus, sadhvis, samans and samanīs. Saman Shrutpragyaji delivered three lectures on a variety of topics. The main subjects covered were: everyone has his or her own life journey; eight steps towards samyak darshan; and how to practice Jainism in daily life. He also taught yoga for two mornings, as well as held a separate session for the benefit of Jain youth. More than 700 people attended each lecture and were inspired to pursue a more spiritual lifestyle. The convention began with a procession, starting from the parking lot into the Expo Center. The monks and nuns were greeted by all attendees, and the presence and participation of the monks and nuns ensured both the procession and the whole event was an occasion of great blessing, making it a successful Jaina Convention.

