

Peace of Mind Foundation, Rajkot April 2019



UPCOMING EVENTS

Nairobi, Kenya May 1 to 8, 2019

- Activities: Shibir and Pravachans Contact: Kantibhai Gudhaka Mombasa, Kenya Date: May 8 to 12, 2019 Activities: Pravachans and
- Personal Sadhana Contact: Harishbhai,Panachand bhai

Kitale, Kenya May 15 – 16, 2019

- (Wed Thu)
 Contact: Mansukhbhai Maru
 Nakuru, Kenya
- May 17-19 (Fri Sun) Shibir
 Contact: Sushiben
- Rajkot Stay:
- May 25 to June 4, 2019

FUTURE EVENTS

Personal Sadhana at Taranga Jain

Tirth (Gujarat)
 June 5 to 15, 2019

SAMAN SHRUTPRAGYAJI'S MALAYSIA TRIP-APRIL 4 TO 22, 2019

Penang: April 5 to 9, 2019

Program: Samanji spent pleasure full four days with Chintu Shah at Penang, Malaysia. Samanji visited few Buddhist Temple, Researched more on Library, performed deeply meaningful Satsang, Gave some heavenly experience by Meditation and Sufi Music and considerably several more. This four days were very relaxing and peaceful as if out of the world. Samanji also visited Rakeshbhai's residence for Gauchari and Satsang was conducted there. He also visited Bhaskarbhai's residence for Manglik.

Feedback from Chintu Shah: It's all with pleasure to beloved master. Indeed you are the gem of a person, having being connected an every single moment of time and the day with you has cheerily given us the most fulfilment pleasure. An Admirable was your openness in sharing your genuine experience and maintaining your subtle serene silence during all your activities has been proven as a worth million teaching.





AYAMBIL OLI AT KAUALA LUMPUR, MALAYSIA

Kauala Lumpur, Malaysia Date: April 10 – 19, 2019

Program: Ayambil Oli, mahavir Jayanti and visited Vivekand School for Children care Gujarati Samaj Kulala Lumpur invited Samanji for celebrating 9 days Ayambil Oli and Mahavir Jayanti. Samanji gave Morning Pravachans on Shri Navpadji and Shripal charitra and at night he gave knowledgeable pravachan series on Seven Wishes of Vastupal. With Samanji's encouragement a total of 56 People did all 9 days Ayambil oli and lots of kids, youths and adult did 2-4 and 6 Ayambil too. Samanji also visited Vivekanda School where Damani Family generously arranged Charity activity for school kids and teachers. With the help of Samaj President Mr. Bhupatbhai Shah and Dipakbhai Damani and whole committee members, Ayambil Oli advanced very successfully.. Everyone celebrated ayambil oli as joyfully as Paryushan Parva. Samanji stayed with kantibhai Sheth and Family.

Not to forget the President of Mahila Mandal Miss Sarojben Avlani and her full team, who did great arrangements for 9 days Ayambil Oli.

For the very first time we had Samanji's presence to guide us during the Auspicious Ayambil Festival in Kuala Lumpur. We had a very successful Ayambil Festival with a good turnout everyday both for the Ayambil lunch & Samanji's discourses. (in the morning before the Ayambil Lunch & at night after the Pratikraman prayers).

With Swamiji's presence *KL Samaj creates history* by

A record of 56 individuals completed their 9 days Ayambil Tap (Oli)
 Our youngest only 9 years old Veer Nikhil Kothari completed this 9 days rigorous fast.

A special thanks to Samanji's for his gracious presence, inspirational discourses & his guidance thorough out this Ayambil Festival.









MELAKA, MALAYSIA

Melaka, Malaysia

Date: April 20 - 22, 2019

Whenever Samanji visit Malaysia, he is always invited respectfully by Melaka Vanik Sangh. Due to abundant love & kindness of people, Samanji also always love to visit Vanik Samaj.

Activities: 20th 8.30 pm - There was an Interactive talk given by Samanji where introduction about Karma in Jainism was explained & discussed in detail. 70 devotees attended this pravachan & were obliged to get this knowledge.

21st 8.00 am to 4.30 pm a mind blowing Shibir on Science of Karma and Dharma was commended where 42 participants thoroughly enjoyed the great science of Jainism

8pm Mahavir Janma Kalyanak celebrations and rath yatra.

Feedback: We had a very enlightening talk on 20th which prepared the participants for shibir well enough about Karma. The talk made us realise how much we had been naive about the soul n the body that is made a the 5 tattvas. Samanji made sure we understood all that he said especially on the meaning of ayambil and its significance. The Shibir was so good that we already have many asking when the next one is. The participants as old as 85yrs told that it was amazing and they all learnt a lot from it about dharma, karma and Jainism as a whole.

The Mahaveer Janma Kalyanak was planned to be celebrated in a moderate scale but the presence of Shrutpragya Samanji upscaled it till the crowd packed the prayer hall. We had him give his views on why auctioning is done for the dheja and aarti and we had record breaking amounts bided. The Shree Mahaveer Swami's Rath Yatra was just beautiful and the presence of Samanji made it more meaningful.







CHENNAI MEDITATION RETREAT

Date: April 23 - 29, 2019

Program: Saman Shrutpragya ji Spent 7 days at Arihant Sarvajani Sadhana Kendra in Mahabalipooram, Chennai with Pujya Jashrajaji Maharaj. He himself spends his whole life for Meditation. He has great experience of Meditation. Samanji came here only for his on practice of meditation and experience Silence. The main Massage of Muni shri Jashraj ji Maharaj his: Do effort for Samyak Darshan. Without Samyak Darshan Sadhana never starts. Meditation is the practical and powerful way to get it. For Meditation people need to set the ultimate goal of life and surrender on it. Meditation in not easier path but if person have burning desire to get self realization, it would be easier.

On last Day Saman ji also addressed to the audience and share his own experience. Whoever wants to practice Meditation, It is one of the best Place. Devendra bhai , Harshad bhai, Narendra bhai, Abhaben, Binduben and Girish bhai Damani have arranged such a nice stay for Samanji at Ashram.







SOCIAL MEDIA

- 1. Online YouTube channel
- 2. Spiritual and motivational Blog on http://www.pomyc.org/blogs
- 3. Newspaper article publication
- 4. Personal counselling activities
- 5. Website www.pomyc.org (This is new version site)

Contact Us

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