Peace of Mind: October 2015

Paryushana Activities

Current Events

Date: Sept 4 to 8,2015

Singapore Jain Group

Contact: +65 90295212

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Paryushan Aradhana Program:

Date: Sept 11 to 18, 2015

Kuala Lumpur, Malaysia



Upcoming Events

Mumbai Trip

Date: Sept 25 to 28,2015

Contact: Tushar Gosalia @ 22-

24075600

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Rajkot and Saurastra's School

Date: Sept 29 to Oct 19,2015

Contact: +91-9427366164

Ahmedabad Program

Prerna Tirth, Setelite, Ahmedabad

Date: Oct 17 & 18, 2015

Contact: +91-9825306413

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Chennai Program

Date: Oct 20 to 25,2015

Contact: Praful Shah @+91-

9383213987

Rajkot Program

Date: Oct 26 to Nov 6, 2015

Abhavalay, Jamnagar Rd.Rajkot

Phone: +91-9427366164





Singapore Trip

Singapore is blessed to host the presence of our great spiritual leader, Saman ji Shrutpragyaji. His visit to Singapore is rare but absolutely invaluable - for he delivers thoughtful, encouraging and inspiring messages.

His stay in Singapore is from September 4, 2015 to September 7, 2015. His intention from his stay in Singapore is to warm us up before the paramount festival of Jains, the festival of paryushan begins. On Friday September 4, 2015, he delivered a powerful lecture on the seven basic principles of Jainism. His lecture was short, simple and very much applicable to our daily routine. We could connect with him easily on the role Jainism plays in our daily lives. Saman ji also gave two talks at Singapore Jain Samaj and one talk at Rashmi and Sandip Jain's residence. Rajesh bhai Shah, Bharatbhai, Sanjay bhai well come Swamiji at Singapore Changi Airport.... Singapore is really grateful to have Saman ji Shrutpragyaji. His spiritual guidance has allowed us to develop a deeper understanding of what is most primordial in our lives.



After pravachan Jains talking with Swamiji in Singapore



Shrutpragyaji giving discourse at Ritu and Sanjay Mohnot's



Shrutpragyaji giving discourse at Ritu and Sanjay Mohnot's residence



Shrutpragyaji giving sermon at Singapore Jain Samaj



Shrutpragyaji teaching medication at Singapore Jain Samaj

Kuala Lumpur, Malaysia Paryushana Parva

During the recent auspicious Paryushan Parva (Sept 11 – 18, 2015), the Gujerati Association of Wilayah Persekutuan and Selangor (GAWPS) was extremely blessed as we were enlightened by the distinguished Shri Shrutpragya Samanji in Kuala Lumpur, Malaysia.

The pravachan (lectures) which were conducted twice daily were tremendously beneficial and informative for all the adults and youths. Special shibir sessions were organized for the Mahila Mandal with a total of 120 participants, Youth Wing (age 15 – 35) with a total of 60 participants as well as the Look & Learn and Magic Touch (age 3 – 10) children. The response was simply remarkable!

The feedback was unanimous – that the lectures were simple to understand, interesting, very much related to everyday life and experiences, and the humor kept us wonderfully engaged. The Q&A sessions were the best. We cleared all our doubts and multiple topics were covered in a short session. Based on the history of paryushan celebration in Kuala Lumpur, this was the first time the youths participated in full force for all evening pravachan sessions. The clarity and simplicity in Swamiji's presentation makes Jain Dharma easy for everyone to follow and practice without any confusion.

On Day 9, the Jain community celebrated Samuh Parna and received further blessings from 9 tapasvis which included a Maskhaman (30 days upvas) parna. This took place once again after 25 years in the history of Kuala Lumpur Samaj.

The GAWPS committee members, lead by the President, Datuk Bhupatrai Shah, did an astounding job in organizing the entire 9 days celebration along with great support from the entire community. Due to the immense interest and support from the community, the President of GAWPS has requested our esteemed Shrutpragya Swamiji to join us for Paryusan Parva in year 2018/2019. Swamiji was hosted by Mr. Kantilal Sheth and family in Kuala Lumpur.

- By Sharmila Shah, KL, Malaysia





Group picture with committee members and tapasvis

Meditation practice with Saman







Kuala Lumpur, Malaysia Paryushana Parva cont'd





Shrutpragyaji's new book inauguration and pravachan





Women listening to lecture











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Malaka and Masjid Tanah Program

Swamiji continued his trip to Melaka where pravachans were organized at Gujerati Vanik Sangh, at Mrs. Naina and Mr. Niteen Timbadia's residence in Melaka, at Mrs. Neeta and Mr. Rajesh Sanghvi's residence in Masjid Tanah and at Mrs. Joshna and Mr. Jitesh Khandar's residence in Melaka. The topics covered were 5 Steps to Increase your Knowledge in Jain Dharma followed by Q&A session, Teachings of Jain Dharma, 5 Important Things in Life and Importance of Self Introspection. Swamiji was hosted by Mr. Anilbhai Shah and Mr. Mukundbhai Shah and family in Melaka.



People listening to lecture



Saman teaching meditation



Jyotsanben and Jitesh bhai Khandhar residence in Melaka, Malaysia - Shrutpragya ji talked on Happiness and Peace in Life .

Tapasvi Parana in Melaka, Malaysia

9th Upvas Parna in Melaka

Parul Avalani 41yrs borned in a Patel family to Shri Premji Arjan Patel. Married in to a Jain family in 2002 to Dr Mitesh Chandrakant Avalani. She has no experience in doing any Jain Fasting... suddenly had a calling and decided to start fasting on the 4th day of Paryusan after was given blessings by her inlaws and her husband. She was to do 1 day fast only and went on for the 2nd one and did the Pothie Poojan on the 7th day of paryushan. Dr Mitesh gave her confidence and encouraged her if she intends and may continue to further her fast and with Lord Mahaveers blessing managed to complete 9 Upvas. Parna program was blessed by Shrutpragya Swamiji at Melaka, Malaysia on 24th Sept. 2015.



Parul Avlani's parna celebration speech by Swamiji

Saman ji taking gochari from tapasvi parulben